

# The Volunteer Hub Directory of Leisure Activities & Services

For older adults living in and around:  
South Queensferry, Dalmeny, Kirkliston, Ratho, Ratho Station & Newbridge





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## A Club

<b>Activity</b>	Support for people living with symptoms of arthritis. Meet friends and enjoy a great calendar of social events & various outings throughout the year e.g. pantomime, meals out, Dobbies and lots more.
<b>Day(s)</b>	2nd Monday of the month
<b>Time</b>	2.00pm – 4.00pm
<b>Available</b>	The club does not meet in July or August
<b>Venue</b>	The Parish Church, The Loan, South Queensferry
<b>Cost</b>	£6.00 annual subscription. Outings individually priced.
<b>Contact</b>	Cora Donaldson
<b>Phone</b>	0131 331 1506

WE DIDN'T REALISE WE WERE  
MAKING MEMORIES, WE JUST KNEW  
WE WERE HAVING FUN



# Almond Supper Club

<b>Activity</b>	Supper Club for older people with dementia and their same generation unpaid carer, such as husband, wife, partner, brother, sister or a friend of a similar age. Enjoy a relaxed evening and various dining experiences. Transport is provided
<b>Day(s)</b>	2nd and 4th Thursday every month
<b>Time</b>	4.00pm – 7.00pm
<b>Available</b>	All year
<b>Venue</b>	The Haven, 25b Burgess Road, South Queensferry, EH30 9JA
<b>Cost</b>	Dining in - £2.50 per person Dining out - £4.50 per person
<b>Contact</b>	John Robson
<b>Phone</b>	0131 331 5570
<b>Email</b>	mail@qccc.org.uk



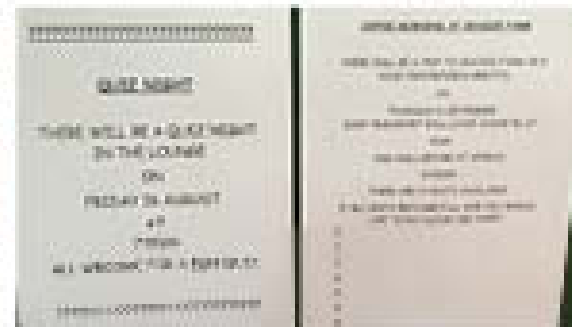
# Bingo

<b>Activity</b>	An opportunity to meet friends, make new friends and join in the popular game of Bingo.
<b>Day(s)</b>	First Monday of the month.
<b>Time</b>	Doors open 7.00pm Eyes down at 7.30pm finish 9.00pm
<b>Available</b>	All year round
<b>Venue</b>	40 Shore Rd, South Queensferry EH30 9RE
<b>Cost</b>	£2 entry this includes refreshments and home baking. £1 per book up to a maximum of 6
<b>Contact</b>	Everyone welcome, just turn up
<b>Phone</b>	0131 319 2164



# Castle Rock Edinvar Housing Association

<b>Activity</b>	Social activities within our sheltered housing development in South Queensferry
<b>Day(s)</b>	Various
<b>Time</b>	Various
<b>Available</b>	All year
<b>Venue</b>	40 Shore Road, South Queensferry, EH30 9RE
<b>Cost</b>	Will vary but generally low
<b>Contact</b>	Janet Gooch
<b>Phone</b>	0131 319 2164
<b>Email</b>	janet.gooch@castlerockedinvar.co.uk



# Craigies Education & Environment Project-(CEEP)

<b>Activity</b>	Become a friend of CEEP and enjoy various opportunities to meet, socialise and work with other people.  Benefit from the stunning views, relaxed atmosphere, Scottish sunshine & satisfaction of seeing your efforts come to fruition.  Facilities include: raised beds, Polytunnels, Beehives, orchards & allotments.
<b>Day(s)</b>	Open every day
<b>Time</b>	Daylight hours
<b>Available</b>	All year
<b>Venue</b>	West Craigie Farm, EH30 9AR
<b>Cost</b>	Free
<b>Contact</b>	Stuart Ridge
<b>Phone</b>	0131 331 1012
<b>Email</b>	cstuart.ridge@btinternet.com



# Dalmeny Art & Crafts Group

## Activity

An opportunity to explore your artistic talents. Formerly Dalmeny Art Group re-named to encourage new members with other skills, abilities and experience in all crafts or painting. The group of around 20 members meet weekly in an informal friendly environment to share and work together. An annual exhibition of work is planned to help fund visits by teachers. There are also opportunities to join in sketch trips during the summer.

This is a friendly, social group that would welcome new members.



## Day(s)

Wednesday

## Time

2.00pm – 4.00pm

## Available

Closed July & December

## Venue

Dalmeny Church Hall, Main Street, Dalmeny, EH30 9TT

## Cost

£35.00 annual subscription

## Contact

Secretary Pamela Weeks - Tel. 0131 3313416  
- <mailto:pameladowie@btinternet.com>



# Dalmeny Church Centre

## Activity

Renovated in 2018 the Dalmeny Church centre provides a venue for many local groups to meet

## Day(s)

Monday - Monday Club. Further details on page 40

Tuesday: El Gato Negro Tango 7.30 – 8.30pm & 8.30 -9.30pm

Wednesday - Dalmeny Arts & Craft Group. Further details on page 12

Friday - Kirk Café 10.00am-12 noon.



**Argentine Tango!** A fun way to take gentle exercise, keep your brain active, and make new friends. Within a few weeks dance teachers Willie & Louise will have you dancing this exciting dance.

Contact Louise or Willie on 0131 331 5100 or [willie.green11@btinternet.com](mailto:willie.green11@btinternet.com)





# Dalmeny Parish Church

<b>Activity</b>	Sunday Worship Family Service, Pastoral Visitation, Prayer, Home Communion, transport to Church & support for carers so they may attend church services.
<b>Day(s)</b>	Sunday worship – 10.00am
<b>Available</b>	All year
<b>Venue</b>	Dalmeny Kirk, Main Street, Dalmeny, EH30 9TT
<b>Cost</b>	None
<b>Contact</b>	Esther Conner
<b>Phone</b>	0131 331 1100
<b>Email</b>	office@qpcweb.org
<b>Website</b>	www.qpcweb.org



# Dorcas Lunch Club

<b>Activity</b>	Meet friends and enjoy a tasty lunch
<b>Day(s)</b>	Tuesday
<b>Time</b>	12.00 noon – 1.30pm
<b>Available</b>	from end of September to April
<b>Venue</b>	Kirkliston Church Centre, The Square, Kirkliston EH29 9AS
<b>Cost</b>	items individually priced but a good lunch for under £5.00
<b>Contact</b>	Gill Davidson
<b>Phone</b>	0131 333 2214
<b>Email</b>	gillandneil21@btinternet.com





# Dundas Parks Golf Club

<b>Activity</b>	A gently undulating 9 hole golf facility with panoramic views of the surrounding area.
<b>Day(s)</b>	Open 7 days per week
<b>Time</b>	Daylight hours
<b>Available</b>	All year
<b>Venue</b>	situated on the B800 between South Queensferry and Kirkliston
<b>Cost</b>	Full membership £365/ annum 5 day Mon – Fri £280/annum
<b>Visitors</b>	9 holes £15, 18 holes £23
<b>Contact</b>	Anthony Caira – Club Manager
<b>Phone</b>	07787260190
<b>Email</b>	enquiries@dundasparksgolf.co.uk



# Ferry Blend Choir

<b>Activity</b>	Ferry Blend is a local community choir based in South Queensferry. New members are warmly invited to join the choir who sing for enjoyment, for the challenge of learning new skills & to share a variety of music with various audiences. The group go carol singing and participate in wider events such as the Fife Festival of Music.  The group have 50 members & sing music in four-part harmony.
<b>Day(s)</b>	Sunday
<b>Time</b>	7.00pm – 9.00pm
<b>Venue</b>	The Parish Church, The Loan, South Queensferry
<b>Cost</b>	£40 payable twice yearly
<b>Contact</b>	Isabel Hutchison
<b>Phone</b>	0131 331 2996
<b>Email</b>	ferry.blend.choir@gmail.com
<b>Website</b>	<a href="http://www.ferryblendchoir.yolasite.com/">http://www.ferryblendchoir.yolasite.com/</a>



# Ferry Crafters

<b>Activity</b>	Join a friendly local group who enjoy everything related to craft: knitting, crochet, cross stitch, sewing, patchwork, spinning, card making, bobbin lace, felting & any other craft you can think of.
<b>Day(s)</b>	Second Saturday of the month. The club do not meet in August
<b>Time</b>	10.00am – 12.00 noon
<b>Venue</b>	The Vennel Hall, Hawthorn Bank, South Queensferry
<b>Cost</b>	£3.00
<b>Contact</b>	Sandra Black
<b>Phone</b>	0131 331 2856 or 0780 3090 046
<b>Email</b>	Sandra.e.black@talk21.com



# Ferry Folk Lunch Club

<b>Activity</b>	A great opportunity to meet friends and enjoy a tasty two course lunch. Transport is provided.
<b>Day(s)</b>	Wednesday
<b>Time</b>	11.30 – 1.00pm
<b>Available</b>	All Year
<b>Venue</b>	Rosebery Hall, South Queensferry
<b>Cost</b>	£3.50
<b>Contact</b>	Freda MacKenzie/ Lorna Russell
<b>Phone</b>	07902704338 / 0131 331 5570
<b>Email</b>	lorna.russell@qccc.org.uk / fredamackenzie7@gmail.com



# Ferry Strollers

## Activity

Enjoy a 45 minute gentle walk, meet new friends and enjoy a rewarding cup of coffee.

The Strollers meet each Tuesday morning for a walk round South Queensferry.

The last Tuesday of the month they have an "away day" when they visit Dunfermline, Botanic Gardens, Cramond, Falkirk, or some other place of interest a little further away from Queensferry.

## Day(s)

Tuesday

## Time

9.45am

## Available

All year

## Meet

Scotmid on The Loan

## Cost

50p for coffee. £2 contribution towards petrol when the group goes further afield.

## Contact

Graham Clarkson

## Phone

0131 331 1189

## Email

gc20bc@btinternet.com



# Friends of Ferry Glen

## Activity

As a group we manage and develop the paths & steps & the wooded area that runs through the centre of Queensferry. This includes caring for the perennial & wildflower beds, cutting back vegetation, planting and maintenance of trees, building wattle fences & litter picking. We also enjoy special projects e.g. building a stone bench on the main pathway. Throughout the year tours of interest are organised e.g. herb walks, dawn chorus walks. As a group we enjoy social outings & events which guarantee good fellowship and laughter.

## Day(s)

Monday

## Time

9.30am - 11.00am

## Meeting Place

Entrance to Ashburnham Housing Estate just off Station Road

## Contact

Neil McKinlay

## Email

mckinlayassociates@hotmail.co.uk



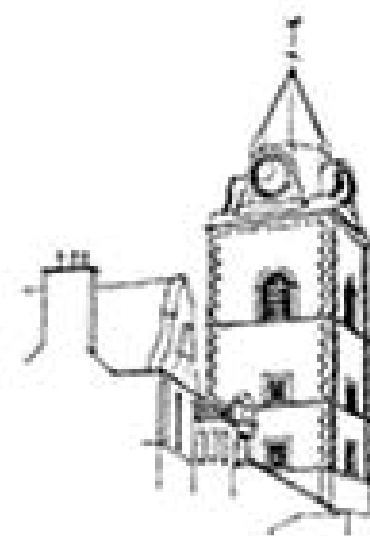
## Friendship Club

<b>Activity</b>	Monthly meeting – two hours of fun, laughter, chatter, home baking and friendship. Special Events & social outings
<b>Day(s)</b>	3rd Wednesday of the month.
<b>Time</b>	2.00 pm – 4.00pm
<b>Available</b>	The club does not meet in January, July or August.
<b>Venue</b>	40 Shore Rd, South Queensferry EH30 9RE
<b>Cost</b>	£2.00 per meeting & £5.00 annual subscription
<b>Contact</b>	Lorna Russell
<b>Phone</b>	0131 331 5570

## Queensferry Heritage Trust

<b>Activity</b>	An opportunity to meet friends, enjoy talks by guest speakers, learn about local history & heritage and take part in organised trips.
<b>Day(s)</b>	Thursday, monthly, dates varied
<b>Time</b>	7.30pm – 9.30pm
<b>Available</b>	Sept – April
<b>Venue</b>	Masonic Hall, 3 Stoneycroft Road, South Queensferry EH30 9HX
<b>Cost</b>	£10 per annum or £5 per visit
<b>Contact</b>	Eleanor Sneddon
<b>Phone</b>	0131 319 1441
<b>Email</b>	eleanorsneddon@hotmail.com
<b>Website</b>	<a href="http://www.queensferryheritage.org.uk">www.queensferryheritage.org.uk</a>

*It's the friends we meet along life's road  
who help us appreciate the journey*



**QUEENSFERRY  
HERITAGE  
TRUST**

# Hill Stop

<b>Activity</b>	Refreshments at Queensferry Parish Church. Pop in for a cup of tea or coffee, catch up with old friends and make new friends.
<b>Day(s)</b>	Monday, Tuesday, Wednesday, Thursday & Friday
<b>Time</b>	10.00am – 11.30am
<b>Available</b>	All Year
<b>Venue</b>	Parish Church, The Loan, South Queensferry
<b>Cost</b>	Donation
<b>Contact</b>	Rosemary Bain
<b>Phone</b>	0131 331 1100



# Information Cafe

<b>Activity</b>	A friendly drop in service for anyone who may need support, information or advice about carer support, dementia or older people's services.
<b>Day(s)</b>	4th Thursday of every month
<b>Time</b>	10.00am – 12.00 noon
<b>Available</b>	All year
<b>Venue</b>	Ratho Community Centre
<b>Cost</b>	Free
<b>Contact</b>	Gillian Smith
<b>Phone</b>	0131 331 5570
<b>Email</b>	Gillian@qccc.org.uk



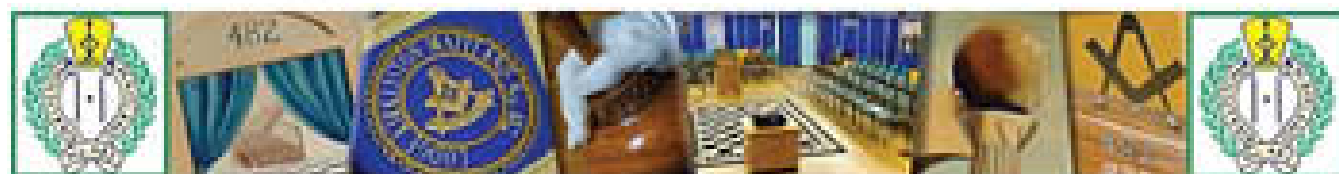
## Kirkliston Bowling Club

<b>Activity</b>	Lawn bowls for pleasure or competition. Members bar and function suite available to hire.
<b>Day(s)/Time</b>	Monday-Thursday 6.30pm - 11.00pm, Friday 2.30pm - 12.00am, Saturday 12.30pm - 12.00am, Sunday 12.30pm - 11.00pm
<b>Venue</b>	Bowling Green Rd, Kirkliston EH29 9BG
<b>Cost</b>	Senior Bowlers membership fee £35.00
<b>Phone</b>	0131 333 3672



## Masonic Lodge Kirkliston Maitland

<b>Activity</b>	Freemasonry
<b>Day(s)/Time</b>	1st and 3rd Wednesday each month at The Bowling Club
<b>Available</b>	September - April
<b>Contact</b>	secretary@km482.org



## Kirkliston Community Centre

<b>Activity</b>	Various social & leisure activities, for example: Zumba Gold Monday 10.30 - 11.30am £5.00 Ladies Exercise Class Monday 2.00-3.00pm £3.00 Badminton Tuesday 6.30 - 8.00pm Carpet Bowls, Wednesday 2.00- 4.00pm £1.00 Yoga (1 hour class), Wednesday 10.00 - 12.00 £5.50 Samba drumming (ladies), Thursday 8.00 - 9.00pm Art Class, Thursday 10.00 - 12 noon £2.00 Yoga (1 hour class), Friday 10.00 - 10.45 (booked) £6.00 Or drop in class 11.00 - 12.00
<b>Venue</b>	Kirkliston Community Centre, Queensferry Road, EH29 9AQ
<b>Phone</b>	0131 333 4214



# Kirkliston Community Centre

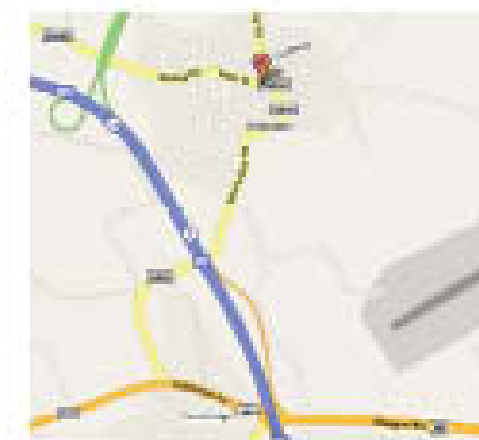
<b>Activity</b>	Monday Club: An informal and friendly group that meet the 1st Monday in the month to enjoy speakers & demonstrations
<b>Time</b>	7.30pm – 9.00pm
<b>Available</b>	October - March
<b>Cost</b>	£2/meeting
<b>Venue</b>	Kirkliston Community Centre, Queensferry Road, EH29 9AQ
<b>Contact</b>	Elizabeth Page
<b>Phone</b>	0131 333 4214
<b>Email</b>	info@kirklistoncommunitycentre.org

# Kirkliston Scottish Rural Institute

<b>Activity</b>	Varied calendar of events including guest speakers, competitions, games & outings
<b>Day(s)</b>	Second Tuesday of the month
<b>Time</b>	7.00pm – 9.00pm
<b>Available</b>	September - May
<b>Cost</b>	membership - £23.00, visitor £2
<b>Email</b>	westlothian@theswi.org.uk

# Kirkliston Community Church

<b>Activity</b>	We are an independent evangelical church and welcome everyone who is interested in the Christian faith to join us. Our services are relaxed, friendly and informal. Around 200 people attend the Sunday morning service.
<b>Time</b>	Prayer 10:30am Morning Service 11:00 - 12:30 Communion first Sunday of month. Prayer Café: 1st Tuesday of the month: 19:30 - 20:30 Café: Friday 10am – 12 noon (Term time only) serving hot & cold drinks, filled rolls & home baking
<b>Venue</b>	70 Main Street, Kirkliston, EH29 9AB
<b>Contact</b>	Colin MacPhie
<b>Phone</b>	07505 223 336 or 0131 333 3482
<b>Email</b>	pastor@kirklistoncc.com





# Kirkliston Library

## Activity

Fantastic community resource that provides access to a wealth of reading and research & the opportunity to meet others.

Facilities include: Free wifi, Disabled access, Car park, Fully accessible Toilets, Library Link, Gaming consoles, Induction loop, fax

## Day(s) & Time

Monday & Wednesday 1.00pm - 8.00pm  
Tuesday & Friday 10.00am - 5.00pm  
Saturday 10.00am - 2.00pm  
Thursday & Sunday Closed

## Knitting & Crochet Group

Wednesday at 1.00pm - everyone welcome to come along to knit together, enjoy a chat and refreshments. If you are interested turn-up, pop-in or call the Library on 0131 529 5510.

## Address

16 Station Road, EH29 9BE

## Phone

0131 529 568

## Email

[kirkliston.library@edinburgh.gov.uk](mailto:kirkliston.library@edinburgh.gov.uk)



# Kirkliston Parish Church

## Activity

Sunday Service at 10.15 am followed by coffee in the church centre. On the first Sunday of each month (except January) at 6.30pm there is an informal "Café Church" service in the church centre. Transport to the church services can be provided.  
11.30am Family Service in the Church Centre.  
Prayer for healing available after Sunday service.

The Parish Praise Singing Group meet on the 2nd & 4th Monday at 7.30pm.

The Guild meets 2nd & 4th Wednesday (Sept - March) & welcomes both Men & Women to join in their activities.

The Men's Group meet and enjoy various activities e.g. Vintage Motor Cycle Rides, Golfing & Hill Walking

## Available

All Year

## Venue

The Square, Kirkliston EH29 9AS

## Contact

Reverend Maggie Lane

## Phone

0131 333 3298

## Website

[www.kirkliston-parish-church-org.uk](http://www.kirkliston-parish-church-org.uk)



# Kirkliston Parish Church Thomas Chalmers Centre

## Activity

Part of the Kirkliston Parish Church, the Thomas Chalmers centre is home to a variety of social activities.

## Tuesday

Kirkliston Parish Church Country Dance Club

7.30pm – 9.00pm  
(Sept – Dec & Jan – April)

New members warmly welcomed.

Members:  
£6.00 membership & £2.50 /week  
Non-members: £3.50/week

Refreshments provided

Several dances organised throughout the year

Contact Suzanne on 01506 854 325

## Wednesday

Kirkliston Parish Church Guild

7.00pm on 2nd & 4th Wednesday  
(Sept – March)

**COUNTRY  
DANCE**



# Kirky Krafters

## Activity

Craft group – meet new friends and explore your creative side.

## Day(s)

Monday every fortnight

## Time

10.00am – 12.00 noon

## Available

All year except July & August

## Venue

Thomas Chalmers Centre, The Square, Kirkliston

## Contact

Ann Denholm

## Phone

0131 333 1834

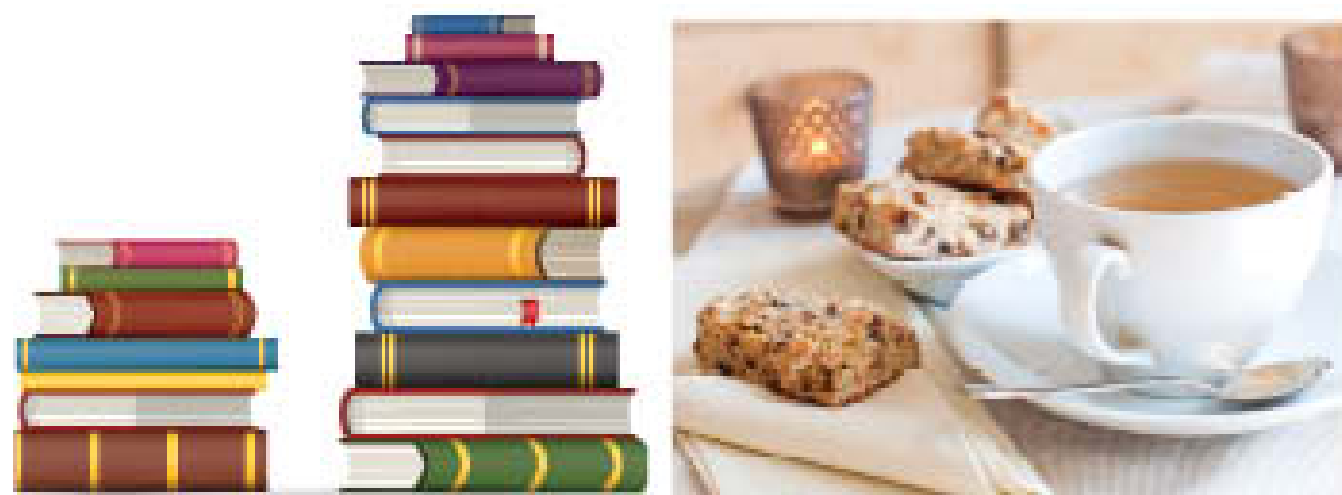
## Email

ann\_denholm@btinternet.com (don't forget the underscore between ann and denholm)



# Library Link

<b>Activity</b>	Library service providing transport from Home to Kirkliston Library to select books, enjoy a blether & refreshments.
<b>Day(s)</b>	Friday - fortnightly
<b>Time</b>	Transport to the library from 10.30am followed by approx. 1 hour at the library.
<b>Available</b>	All year
<b>Venue</b>	Kirkliston Library
<b>Cost</b>	Free
<b>Contact</b>	Lorna Hutchison
<b>Phone</b>	Kirkliston Library 0131 529 5510 South Queensferry Library 0131 529 5576



# Little Coffee Stop

<b>Activity</b>	Café service providing the opportunity for anyone caring for a preschool child to meet in a relaxed and welcoming environment. A great opportunity for new mums, dads and grandparents to meet and share experiences.
<b>Day(s) &amp; Time</b>	Wednesday 1.30pm – 3.30pm Friday 9.30am – 11.30am
<b>Available</b>	during term time
<b>Venue</b>	Thomas Chalmer Centre, The Square, Kirkliston
<b>Cost</b>	Free
<b>Contact</b>	Maggie McConnachie
<b>Phone</b>	0131 333 3123
<b>Email</b>	maggiebarr@hotmail.co.uk littlecoffeestop@me.com



# LOOPS

<b>Activity</b>	<b>LOOPS – Local Opportunities for Older People</b> A telephone help line that can connect you with activities in North West and South East Edinburgh. The service will identify activities and services within the local community, find ways to enjoy time with other people, give suggestions to try something new or learn something new.
<b>Day(s) &amp; Time</b>	the telephone is manned Monday – Friday between 10.00am and 2.00pm
<b>Available</b>	All year round
<b>Cost</b>	Free
<b>Phone</b>	0131 603 8311
<b>Email</b>	loops@volunteeredinburgh.org.uk

## Monthly Information Station

Monthly Information Station - 2nd Friday of the month at Kirkliston Library

10.00am – 12 noon

Home visits can be arranged, call 0131 315 4466

Email - Loops.nw@gmail.com



# The Memory Cafe

<b>Activity</b>	A friendly drop in service for anyone who may need information, support or advice about dementia, older people's services or carer support. Refreshments provided.
<b>Day(s)</b>	3rd Thursday each month
<b>Time</b>	1.30pm – 3.30pm
<b>Available</b>	All year
<b>Venue</b>	The Haven, 25b Burgess Road, South Queensferry EH30 9JB
<b>Cost</b>	Free
<b>Contact</b>	Gillian Smith
<b>Phone</b>	0131 331 5570
<b>Email</b>	Gillian@qccc.org.uk



# Men's Shed

<b>Activity</b>	An opportunity for men to meet in a comfortable environment to socialise, share information and undertake work of their own choosing to the benefit of the community.
<b>Day(s)</b>	Friday
<b>Time</b>	10.00am – 12.00 noon
<b>Available</b>	All Year Round
<b>Venue</b>	West Craigie Farm, South Queensferry EH30 9AR
<b>Cost</b>	Free
<b>Contact</b>	Graham Clarkson
<b>Phone</b>	0131 331 1189
<b>Email</b>	gc20bc@btinternet.com



# Mobile Library Service

<b>Activity</b>	Library service to ensure that everyone has access to books and talking books. The mobile library will be parked near the details given below and is available:
<b>Day(s) &amp; Time</b>	<b>Wednesday</b> 1 Parkside, Newbridge 5.30pm – 5.45 4 Hillwood Rise, Ratho Station 6.00pm -7.00pm <b>Thursday</b> <b>Dalmeny:</b> Dalmeny Primary School, Carlowrie Avenue, 11.25am – 11.55am Dalmeny Square 12.00noon – 12.10pm <b>South Queensferry:</b> Scotstoun behind the Queens Retreat 1.10pm – 1.40pm Dental Surgery, Rosebery Avenue 1.45pm – 2.30pm
<b>Cost</b>	Free
<b>Phone</b>	0131 529 5683
<b>Email</b>	access.services@edinburgh.gov.uk



# Monday Club

<b>Activity</b>	Monthly meeting to enjoy social activities including; craft demonstrations, Beetle Drive, Speakers & Entertainment
<b>Day(s)</b>	3rd Monday of the month (not July or August)
<b>Time</b>	2.00pm - 3.30pm
<b>Venue</b>	Dalmeny Church Hall, Main Street, Dalmeny, EH30 9TT
<b>Cost</b>	Donations
<b>Contact</b>	Mrs Anne Orr
<b>Phone</b>	0131 331 5746



# Port Edgar Dragons

<b>Activity</b>	Paddle boating aimed primarily at those recovering from breast cancer and their supporters. An opportunity to get fitter, make new friends & have a lot of fun.
<b>Day(s)</b>	Sunday, tides & weather permitting. More frequently over the summer months.
<b>Time</b>	Dependent on tides
<b>Available</b>	March to October
<b>Venue</b>	Port Edgar Marina, Shore Rd, Queensferry EH30 9SQ
<b>Cost</b>	£5 per session or £40 annual membership
<b>Email</b>	<a href="mailto:portedgardragons@gmail.com">portedgardragons@gmail.com</a>
<b>Website</b>	<a href="http://www.portedgardragons.co.uk">www.portedgardragons.co.uk</a>



# Priory Church

## Activity, Days & Time

Sunday worship & Communion Service at 10.00am  
Tuesday - Pilates – 6.00pm  
Wednesday  
Caledonian Kickers – Line dancing - 6.00pm  
Contact Patrice Reid on 0755 213 1715  
Thursday - 10.00am - Communion Service followed by coffee  
10.30am – Table Talk – chat, coffee & cake

## Venue

The Priory Church, Hopetoun Road, EH30 9RB

## Contact

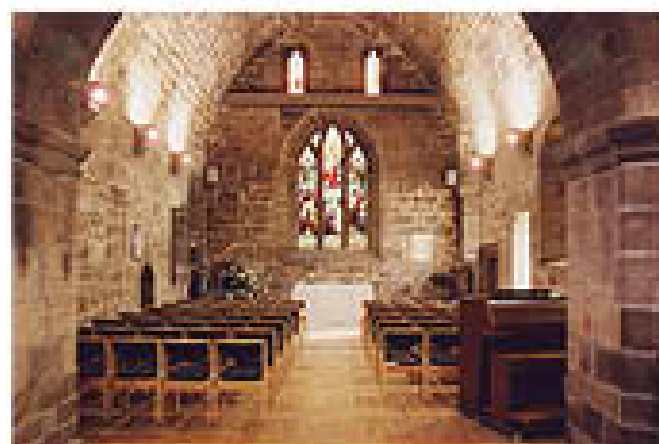
Rev. Terry Harkin

## Phone

0131 331 1958

## Email

tjharkin@priorychurch.com



# Queensferry Churches' Care in the Community (QCCC)

## Activity

Day care for people age 65+, social day with stimulating & entertaining activities, Lunch & refreshments included. Transport provided.  
Befriending service, a volunteer will visit you in your home fortnightly

## Day(s)

Monday, Tuesday, Wednesday, Thursday & Friday

## Time

10.00am – 3.00pm

## Available

All year except 25th & 26th December, 1st & 2nd January

## Venue

The Haven, 25b Burgess Rd, South Queensferry on a Monday, Tuesday & Friday

## Cost

£10.00 per day

## Contact

Aileen Morton – Day Care Coordinator  
Lorna Russell – Befriending & Volunteer Coordinator  
Liz McIntosh & Gillian Smith – Manager

## Phone

0131 331 5570

## Email

mail@qccc.org.uk

## Website

www.qccc.org.uk



If you are interested in volunteering please contact Lorna Russell – lorna.russell@qccc.org.uk



# Queensferry Bowling Club

<b>Activity</b>	Lawn bowls for pleasure or competition.
<b>Available</b>	April – Sept for bowling & all year social membership
<b>Venue</b>	27A Station Road, South Queensferry EH30 9HZ
<b>Cost</b>	social membership £20/year
<b>Contact</b>	Neil Grant - Secretary
<b>Phone</b>	0131 331 2354
<b>Email</b>	info@queensferrybowlingclub.co.uk



# Queensferry & District Gardening Club

<b>Activity</b>	Join people who enjoy all aspects of gardening. Share your knowledge and learn from others. Guest speakers throughout the year.
<b>Day(s)</b>	First Monday of the month
<b>Time</b>	7.30pm – 9.30pm
<b>Available</b>	October – May
<b>Venue</b>	Queensferry Parish Church Hall, The Loan, South Queensferry
<b>Cost</b>	£10 annual membership. Refreshments available to buy.
<b>Contact &amp; Phone</b>	Chairman - Malcolm Phillips - 0131 331 2408 Secretary - Tom Martin - 0131 331 4539
<b>Email</b>	qferrygardenclub@btinternet.com



# Queensferry High School

<b>Activity</b>	Adult learning. You are never too old to learn a new skill. Various activities including; Vegetarian Indian Cooking, Stained Glass, Woodwork & woodturning, Spanish for beginners.
<b>Day(s)</b>	Tuesday
<b>Time</b>	7.00pm – 9.00pm
<b>Available</b>	10 week blocks during school term.
<b>Venue</b>	Queensferry Community High School, Ashburnum Road, South Queensferry, EH30 9JN
<b>Cost</b>	Standard £60, Concession £15.00
<b>Contact</b>	Karen Gorrie
<b>Phone</b>	0131 319 3200
<b>Email</b>	karen.gorrie@queensferry.edin.sch.uk



# Queensferry History Group

<b>Activity</b>	An opportunity to research & discuss history of the local area and the people of South Queensferry. Meet new friends and enjoy refreshments.
<b>Day(s)</b>	Monday: 10.00am - 12.00 noon & 1st Thursday of the month: 7.00pm - 9.00pm
<b>Available</b>	January, February, March, April, May, June, September, October, November, December
<b>Venue</b>	Basement Office, 53 High Street, South Queensferry Please note there are 15 steps down to the meeting area.
<b>Cost</b>	50p per week & £10 annual subscription
<b>Contact</b>	Marie Calder
<b>Phone</b>	0131 331 2705
<b>Email</b>	marca64@btinternet.com



# Queensferry Parish Church

## Activity, Day(s) & Time



Everyone is warmly welcome to join the Sunday Service at 10.00am. Volunteer drivers may be available to help with transport.

Sunday Service at 11.30am as well

**Church of Scotland Guild** – interesting & varied programme for both ladies & gentlemen.

4th Monday of the month – 7.30pm

2nd Tuesday of the month – 2.00pm

**Tuesday Glow Exercise Class** – Feel fitter, happier, healthier

Contact: Jill MacGregor Tel: 01506 855040

**Scottish Country Dance Club**, Thursday 7.30pm-10.00pm,

September – April. £5.00 membership & £2.50/week, refreshments included. Contact Elspeth on 01506 842835

## Venue

Parish Church, The Loan, South Queensferry

## Contact

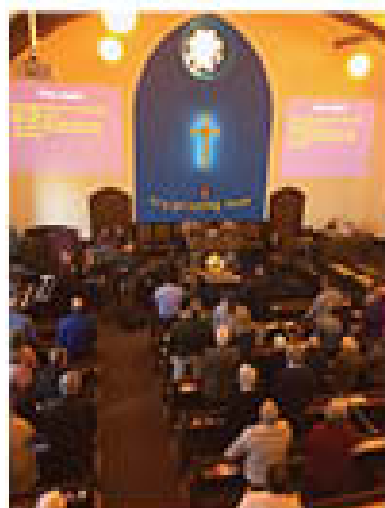
Esther Conner - available 10.00am-12.00 noon Mon, Wed, Thurs & Fri

## Phone

0131 331 1100

## Email

office@qpcweb.org



# Queensferry Parish Church The Vennel Hall

## Activity

**Pilates** aims to strengthen the body with particular emphasis on core strength to improve general fitness and wellbeing. Small classes, equipment provided.

## Time

7.00pm – 8.00pm & 8.00pm – 9.00pm

## Day(s)

Monday

## Available

various block course start dates

## Cost

£69 for 8 week course

## Contact

Debbie Robbins

## Phone

07957 679334

## Email

pilateswithdebbierobbins@gmail.com

## Activity

**Tai chi**, combines deep breathing and relaxation with flowing movements. Originally developed as a martial art in 13th-century China, tai chi is today practised around the world as a health-promoting exercise.

## Time

7.00pm – 8.00pm

## Day(s)

Thursday

## Available

All year

## Cost

£4 per week

## Contact

John Mitchell

## Phone

07754 754463

## Email

mountainpeacetaiichi@gmail.com

# Queensferry Probus Club

<b>Activity</b>	Opportunity for retired professionals to meet socially and enjoy presentations on a wide range of topics. Occasional outings. Refreshments included.
<b>Day(s)</b>	Alternate Wednesdays
<b>Time</b>	10.00am – 12.00 noon
<b>Available</b>	September – May
<b>Venue</b>	40 Shore Road, South Queensferry
<b>Cost</b>	£1 per meeting & £15 annual subscription
<b>Contact</b>	Roy McIvor
<b>Phone</b>	0131 331 1731
<b>Email</b>	jrmcivor@aol.com



# Queensferry Rowing Club

<b>Activity</b>	Opportunity to try something new & meet new people. Activities include rowing, maintaining the boats, socialise over bacon sandwiches and lots more.
<b>Day(s) &amp; Time</b>	Saturday from 9.30am Sunday from 1.00pm
<b>Available</b>	All year
<b>Cost</b>	Cost £30 single membership, £40 family membership
<b>Contact</b>	Donna Martin, Club Captain
<b>Phone</b>	07962 236440
<b>Email</b>	<a href="mailto:captain@queensferryrowing.org">captain@queensferryrowing.org</a>
<b>Website</b>	<a href="http://www.queensferryrowing.org/">http://www.queensferryrowing.org/</a>



# Queensferry Senior Citizens

<b>Activity</b>	Meet new friends and enjoy; entertainment, speakers & occasional outings.
<b>Day(s)</b>	2nd Thursday of the month
<b>Time</b>	2.00pm – 4.00pm
<b>Available</b>	February, March, April, May, June, September, October, November & December
<b>Venue</b>	Queensferry Parish Church Hall, The Loan, South Queensferry, EH30 9
<b>Cost</b>	£2 each meeting (inc refreshments) plus £6 annual subscription
<b>Contact</b>	Mrs Anne Orr
<b>Phone</b>	0131 331 5746



# Queensferry Sports & Community Hub

<b>Activity</b>	Pilates, team sports, café, slimming world and much more.
<b>Day(s) &amp; Time</b>	<b>Monday:</b> Pilates 7.30pm – 8.30pm block of 10 - £75.00, Yoga 8.30 – 9.30pm <b>Tuesday:</b> Weight Watchers 6.30 – 7.30pm <b>Thursday:</b> Tai Chi 11.00am – 12.00 noon Slimming World 5.30 – 7.30pm <b>Friday:</b> Slimming World 9 – 11.00am <b>Opening Time:</b> Mon – Thursday: 9.00am – 10.00pm, Friday & Saturday 9.00am – 12.00 noon, Sunday 10.00am – 11.00pm
<b>Available</b>	All year
<b>Cost</b>	Various
<b>Venue</b>	30 Ashburnham Rd, South Queensferry EH30 9JN
<b>Phone</b>	0131 629 8115
<b>Email</b>	enquiries@Queensferryhub.org



# Ratho Community Centre

## Activity

Everyone warmly welcome to join in clubs and activities

### Art Club

Learn to paint using water colours or paint for pleasure within a social environment.

Monday, 7.00pm – 9.00pm,

Members 50p non-members £1.00

### 50+ Group

Member led Social group that enjoy lively discussion, activities & outings.

Wednesday, 2.00pm-4.00pm,

Members 50p non-members £1

### Ratho Ravers

Exercising body & mind for over 50's

Thursday, 10.00am – 12.00noon, cost £3

## Phone

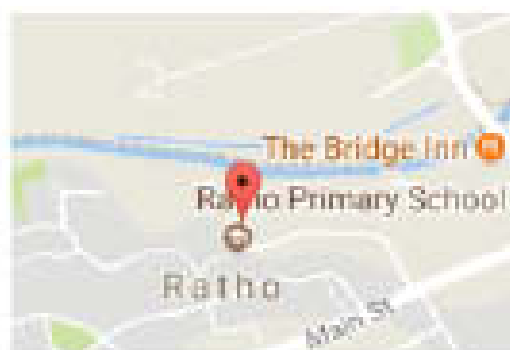
0131 333 1055

## Email

cld-ratho@ea.edin.esch.uk



Health  
Wellness



# Ratho Library

## Activity

Local library facility including reading material, free wifi & internet access, printer, photocopying & fax machine. Regular group social events.

## Day(s) & Time

Monday & Wednesday 1.00pm – 8.00pm

Tuesday, Thursday, Friday & Saturday

10.00am – 5.00pm

Knit & Knatter Mondays 2.00pm – 4.00pm

Book & Blether Every second Wednesday – 2.00pm – 4.00pm

Book Group First Monday of the month – 6.30pm -7.30pm

## Venue

6 School Wynd, Ratho, Newbridge EH28 8T

## Phone

0131 333 5297



# Ratho Parish Church

## Activity, Day(s) & Time

Ratho Parish Church is a local congregation of the Church of Scotland, with members of all ages from the village of Ratho & surrounding areas.

**Sunday Service** – 11.00am, crèche available

**Praying together** – Monday evenings  
7.00pm – 8.00pm

**Alpha** - a series of sessions exploring the Christian faith, typically run over eleven weeks. Each talk looks at a different question around faith and is designed to create conversation. Presentation at the Church followed by discussion at The Bridge Inn

**Church hall** – Home to many community events and is available to hire

**Praise Evenings** – once per month

## Venue

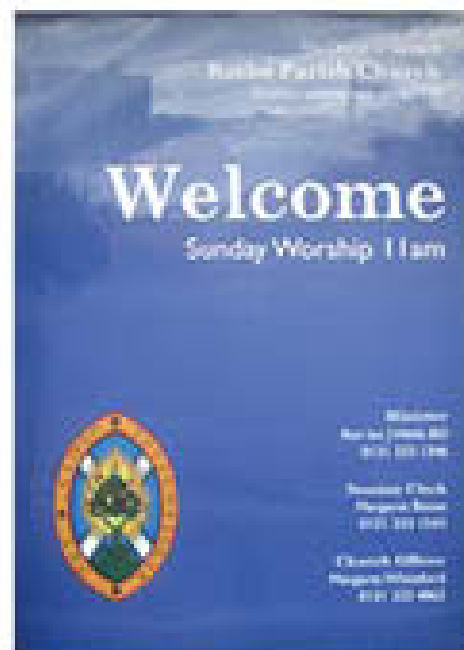
Baird Road, Ratho, EH28 8RG

## Contact

Reverend Ian J. Wells

## Phone

0131 333 1346



# Ratho – SRI, Scottish Rural Institute

## Activity

Varied calendar of events including guest speakers, competitions, games & outings

## Day(s)

Every 2nd Wednesday

## Time

7.00pm – 9.00pm

## Available

All year except July & August

## Venue

Ratho Community Centre

## Cost

membership - £23.00, visitor £2

## Contact

President – Margaret McDowall

Secretary – Margaret Whiteford

## Phone

0131 333 1880 / 0131 333 4862





# Roseberry Hall

## Activity

Various including;

## Day(s) & Time

Monday Western Line Dancing -  
12.45-2.45pm

Tuesday Pilates - 10.30am - 11.30am

Friday Tai Chi - 9.15am - 11.15am

Friday Western Line dancing -  
6.45pm - 9.15pm

## Venue

Rosebery Hall, High Street,  
South Queensferry

## Cost

Various

## Contact

Janis Maclean

## Phone

0131 331 2113



# Rotary Club of South Queensferry

## Activity

Social. Meet friends and use your skills & contacts to support local fundraising, youth projects & worldwide health objectives. The club is open to men & women & has in excess of 40 members. The Rotary is a worldwide service organisation. Rotary Club of South Queensferry Trust Fund is a registered charity SC025363

## Day(s)

Thursday

## Time

6.45pm

## Available

All year

## Venue

The Hawes Inn, Newhalls Road, South Queensferry, EH30 9TA

## Cost

£10.50/week & £90 annual subscription

## Contact

The Secretary c/o The Hawes Inn

## Phone

0131 331 2736

## Email

[secretary@southqueensferry.rotary1020.org](mailto:secretary@southqueensferry.rotary1020.org)



# Saint Margarets Church

<b>Activity</b>	St Margaret's Catholic Church serves the people of South Queensferry, Dalmeny & Kirkliston and welcomes all visitors to the parish. You are welcome to participate in various positions and committees e.g. Church flowers, Coffee mornings
<b>Day(s)</b>	<b>Masses and Services</b> Saturday 5.00pm Sunday 10.00am Tuesday – Friday 9.00am
<b>Venue</b>	Hope View, Loch Road, South Queensferry EH30 9LS
<b>Phone</b>	0131 331 1007



# Sing in the City

<b>Activity</b>	The emphasis is singing for fun in a safe, welcoming & friendly environment. Sing songs from the 60's to current chart hits as well as some original material. Singing has many personal health benefits & Sing in the City also support social & charitable activities.
<b>Day(s)</b>	Wednesday
<b>Time</b>	10.00am – 12.00 noon
<b>Venue</b>	Scout Hall, Port Edgar, South Queensferry
<b>Cost</b>	£19.50 per month (concession)
<b>Contact</b>	Carolyn
<b>Phone</b>	0131 552 3149
<b>Email</b>	<a href="mailto:hello.singinthe-city@choiredinburgh.co.uk">hello.singinthe-city@choiredinburgh.co.uk</a>



# The Singing Group

<b>Activity</b>	A singing group for people with dementia & their carer. Definitely not a choir, this group focuses on enjoyment, fun, an opportunity to socialise & sing for pleasure.
<b>Day(s)</b>	1st & 3rd Tuesday every month
<b>Time</b>	2.00pm -4.00pm
<b>Available</b>	All year
<b>Venue</b>	Queensferry Parish Church, The Loan, South Queensferry
<b>Cost</b>	Donation for refreshments
<b>Contact</b>	Joan Hogg or Moira Fenning
<b>Phone</b>	joan@nwcarers.org.uk



# South Queensferry Library

<b>Activity</b>	A community resource that provides an environment that is both social and informative. In addition to providing books the library also provides access to computers and the internet, a facility to print and copy documents.
<b>Day(s) &amp; Time</b>	Everyone is warmly invited to join Social groups: <b>Writers Group</b> - Meet 1st Monday of the month, 7.00pm-8.00pm <b>Book Group</b> - Meet 2nd Monday of the month, 7.00pm- 8.00pm  <b>Opening Times</b> Monday & Wednesday 1.00pm – 8.00pm Tuesday, Thursday, Friday & Saturday 10.00am – 5.00pm Sunday Closed
<b>Venue</b>	9 Shore Rd, South Queensferry EH30 9RD
<b>Cost</b>	Membership is free. To join you need proof of address
<b>Phone</b>	0131 529 5576
<b>Email</b>	southqueensferry.library@edinburgh.gov.uk



# South Queensferry Lunch Club Royal Voluntary Service

<b>Activity</b>	Lunch club for older people. Meet friends and enjoy a tasty hot lunch. Transport provided
<b>Day(s)</b>	Tuesday & Friday
<b>Time</b>	11.00am – 1.00pm
<b>Venue</b>	Queensferry Parish Church, The Loan, South Queensferry
<b>Cost</b>	£3.50
<b>Contact</b>	Cora Donaldson 0131 331 1506 or Lorna Russell – 0131 331 5570
<b>Email</b>	lorna.russell@qccc.org.uk





# South Queensferry Rural Institute

<b>Activity</b>	Woman's group who meet to socialise, learn new things, share experience, play games and go on planned outings
<b>Day(s)</b>	First Friday of each month
<b>Time</b>	7.30pm – 9.30pm
<b>Available</b>	October – June inc
<b>Venue</b>	Dalmeny Church Centre, Main Street, Dalmeny
<b>Email</b>	southqueensferryswi@gmail.com

**SQ SWI at the Priory Church**

First Friday of each month 7.30-9.30pm (doors open 7.20pm)

Oct 17 - Jun 18  
Hopetoun Road  
EH30 9RB

**South Queensferry SWI**

at the Priory Church, SQ

Please check FB for updates  
See us on our mailing list!

<p>1st Fri Brewery Party 7.30pm - 9.30pm</p>	<p>2nd Fri Dinner 7.30pm - 9.30pm</p>	<p>3rd Fri Quiz 7.30pm - 9.30pm</p>	<p>4th Fri Quiz 7.30pm - 9.30pm</p>	<p>5th Fri Quiz 7.30pm - 9.30pm</p>
<p>6th Fri Quiz 7.30pm - 9.30pm</p>	<p>7th Fri Quiz 7.30pm - 9.30pm</p>	<p>8th Fri Quiz 7.30pm - 9.30pm</p>	<p>9th Fri Quiz 7.30pm - 9.30pm</p>	<p>10th Fri Quiz 7.30pm - 9.30pm</p>

# Stepping Stones Bereavement Support Group

<b>Activity</b>	A six week programme to share experience with others who have been bereaved. Varied topics and information including; health & wellbeing, grieving process, personal experience, practical matters, money & legal matters, socialising & thinking ahead. Refreshments Included
<b>Day(s)</b>	Wednesday evening - 6 week course
<b>Time</b>	7.00pm- 9.00pm
<b>Venue</b>	Various within South Queensferry
<b>Cost</b>	Free
<b>Contact</b>	Nara
<b>Phone</b>	0784 964 9688
<b>Email</b>	pastoral@qpcweb.org



# Teddies for Tragedies

<b>Activity</b>	Knitting teddy bears & blankets to provide comfort to people living in third world countries. Knitted items are sent to Blythswood Care in November to be distributed
<b>Venue</b>	Own home. If sufficient interest a knitting group could be formed and meet locally.
<b>Cost</b>	£2 - 3 per teddy
<b>Contact</b>	Norma Brown
<b>Phone</b>	0131 331 2065
<b>Email</b>	clairebear_tft@yahoo.c.uk



## Teddy Faces

These are samples of teddy faces created by our volunteers. The basic requirements of teddy faces are that they look "happy" and have a great smile!

Your efforts are really appreciated. Thank you on behalf of the children who will receive these Teddies.

# Volunteering Opportunities

## Greenferry

Join a local group and influence the beauty and maintenance of your community.

Contact Juliette Lee on : 0774041689 or [julietta@juliettelee.co.uk](mailto:julietta@juliettelee.co.uk)

## Queensferry Churches Care in the Community (QCCC)

Have opportunities to help in day care, supporting service users to participate in a wide range of activities & serving refreshments. Volunteers are needed any time: Monday – Friday, 10.00am – 3.00pm.

Volunteer Befrienders are also needed to visit older people in their own home. A commitment to volunteer for 1 - 2 hours/fortnight.

In return volunteers can expect induction training, ongoing training and full support. Other benefits include the opportunity to make new friends and attend social events.

Contact Lorna Russell on 0131 331 5570

## Royal Voluntary Service – Lunch Clubs

Have opportunities to volunteer at their lunch clubs; serving lunch and providing a social environment to service users. For further information & contact details contact:

Diane Bate – 0773 682 5294  
[diane.bate@royalvoluntaryservice.org.uk](mailto:diane.bate@royalvoluntaryservice.org.uk)

or Lorna on 0131 331 5570

## Craigies Education & Environment Project (CEEP)

Volunteer as a Friend to the project; offer as much or as little time to help maintain the area through weeding, watering, painting & planting

Contact Graham Clarkson on 0787 676 3570

## Useful Numbers

### Be Able 0131 200 2324

[be.able@edinburgh.gov.uk](mailto:be.able@edinburgh.gov.uk)

If you are over 65, Be Able can help improve your mobility, regain/increase your confidence to manage daily living tasks, join social activities & remain independent for as long as possible.

### Care & Repair Edinburgh 0131 337 1111

Service provided by a small team of staff and volunteers that can help with: small joinery repairs, advice to find a reliable tradesman. Volunteers provide free help with computer or TV problems & small DIY jobs e.g. changing light bulbs, fitting curtain rails, door chains.

### Contact the Elderly 0800 716 543

[anne.ravelrig@1.demon.co.uk](mailto:anne.ravelrig@1.demon.co.uk)

Contact the Elderly is a national organisation and works to reduce social isolation of people age 75+ that live alone by organising monthly tea parties. The tea parties are hosted by volunteers, transport is provided and this service is free.







# The Volunteer Hub Directory of Leisure Activities & Services



Print & Design of the Volunteer Hub Directory by Print Be 

[www.printbe.co.uk](http://www.printbe.co.uk) - [print@printbe.co.uk](mailto:print@printbe.co.uk) - 0800 488029

Wilkieston