



# QUEENSFERRY CARE NEWS

Queensferry  
Care

Issue no. 1

## Queensferry Care in the Community Supporting people in Queensferry, Dalmeny, Kirkliston and Ratho

A warm welcome from the Board to this first edition of our quarterly Newsletter. As we have grown over the past 12 years, so has the number and variety of our 'stakeholders'.  
These are people and organisations which have a 'stake' in the work we do, either as providers or beneficiaries of our services. Some help to fund our work and others simply value what we do and wish to see us continue to thrive. The list is exhaustive and includes those we care for, carers, volunteers, staff, patrons and donors, funding organisations, medical and care professionals, elected representatives, and members of our founding churches.

In addition to our Annual Report we require through this newsletter to keep our stakeholders informed of our work but equally important we need to increase the awareness of Queensferry Care in the wider community. You can help us do this cost effectively by passing on this copy to a relation or friend to read.  
  
Peter FitzGerald  
Chairman



Please send us any news, views and ideas for the Spring issue.  
Telephone the Haven and ask for Jan, Liz or Gareth or email  
[mail@qccc.org.uk](mailto:mail@qccc.org.uk)

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**Getting to know.....Lorna Russell**

Name: Lorna Russell

Job: Volunteer Recruitment Officer

Star sign: Aquarius

Place of Birth: Dumfries

Lives: In Dunfermline

Husband: Leslie

Children: Lauren (7) Katie (4)

Likes: Reading, swimming, chocolate  
Crisps.

Dislikes: Rainy days

Bad habits: Smoking (but working on that!!)

I joined Queensferry Care in April 2003 and work 10 hours each week, My role is to make people aware of the many varied and interesting volunteering opportunities available including working in day care, reception and administration, fundraising, befriending and escort duties. We also require volunteers who may only be able to offer their time on an ad-hoc basis accompanying members on outings, helping with fundraising events or sharing a skill in day care.

Volunteering can be rewarding and we aim to make it a social activity by organising outings.

**HOME  
SUPPORT  
SERVICE**

The Home Support Service supports people over the age of 55 years who through illness or disability require assistance to remain independent within their own homes and communities.

**DO YOU THINK  
YOU COULD  
BENEFIT FROM  
THIS SERVICE?**

For more information please contact the Haven

0131 331 5570

**DAY CARE NEWS**

We provide almost 15,000 hours of day care per year for older people with disabilities, Including wheelchair users. Among our clients are people with dementia and others who have suffered a stroke or have some other serious health problem. During the year we enjoyed 4 trips on the Seagull Trust canal boat at Falkirk and as always we were extremely well looked after on our outings. We are grateful for the support we receive from so many individuals and companies. For example the generous hospitality at Christmas from our friends at the Rail Bridge restaurant in South Queensferry where over 50 members of day care, staff and volunteers enjoyed a delicious complimentary lunch.

Gareth Wilkinson : Senior Support Worker, Day Care

## Queensferry Care

### MESSAGE FROM LIZ

I was appointed General Manager in February 2006 having spent the previous 3 years as Co-ordinator of the Housing Support and Befriending Service. My time so far as General Manager has been exciting and challenging and I am grateful for the support and guidance given to me by my team and the Board members. The financial side of the organisation has been a huge learning curve for me and my colleagues have been very patient in the past year.

In the current financial climate voluntary organisations have required to work even more closely with principal funders and look at new ways to become more cost effective. The main challenge has been to reduce or contain costs and at the same time maintain a high standard of care and support for everyone who uses our services.

We hope you enjoy reading our Newsletter and that you will contact us at the Haven if we can help you, a friend or family member in the future.

Liz McIntosh, General Manager.

### Carers' News

As the Carer Support & Development Worker I support anyone who looks after someone with an illness or disability. The carers I support are unpaid and do not have to live in the same house or be related to the person with the condition.

The Carer Support Service provides Group support including a generic Carer Support Group from 7.30pm to 9pm on the first Wednesday of each month in Kirkliston Bowling Club, and a drop-in for Carers at the Haven from 2pm to 4pm on the last Wednesday of each month. In addition there is a Parent Carers' Group that meets regularly to develop and plan activities for their children (named the Cool Club by the kids) and a new Carers- Have Your Say! Group campaigning for better services and facilities in the communities we serve.

One -to -one support provides advice and help claiming appropriate benefits, making referrals and helping Carers through the referral process. I also search for useful information for Carers and provide learning opportunities from Tai Chi to Stress Busting and many more.

I send out quarterly Newsletters to Carers with lots of detailed information and I would like to think that our Carer Support Service would be able to help Carers with any issue they may encounter!

Gillian Smith

## NEW ROLE FOR JAN

Jan Wemyss has accepted the role of Fundraising and PR Administrator and also continues with her volunteer duties at reception in the Haven two days per week. Jan has been a volunteer at the Haven since August 2005 and has served on the SCARF committee. As a retired Primary Head teacher with 32 years teaching experience Jan has many skills to offer us. Fundraising and public relations is an essential part of our future in going forward with confidence, and we are fortunate to have Jan in this role. We wish her every success in the future.

## CAN YOU HELP US TO RAISE FUNDS FOR QUEENSFERRY CARE?

IF YOU HAVE ANY IDEAS PLEASE CONTACT JAN AT THE HAVEN 0131 331 5570 mail@qccc.org

### DIARY DATES FOR 2007

Details available from the Haven

### SPORTSMANS BRUNCH

DUNDAS CASTLE 25th March 2007

### SPONSORED WALK

HOPETOUN HOUSE 21st April 2007

### GOLF OUTING DUNDAS PARKS

14th MAY 2007

## Fundraising & Donations

Grants provide the 'core funding' for our organisation, however we are required to raise additional funds. We are indebted to the many individuals, companies and organisations who contribute in so many ways to the financial viability of Queensferry Care, and with their generosity we can continue to provide services in the 4 communities of Queensferry, Dalmeny, Kirkliston and Ratho.

In addition we have a growing fundraising activity with a golf competition, sponsored walks and even abseiling from the Forth Rail Bridge !

We are planning even more events in 2007.....please continue to support us in any way you feel is possible.



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