



Queensferry Care News

Care in the Community has become an important factor in the lives of many of us for various reasons. Firstly, life expectancy is increasing to the extent that the average female in South East Scotland can expect to live to the age of 80, and the average male to the age of 76 – a significant increase even within the last few years. This has happened at a time when there appear to be less beds in hospitals to care for those in need. Early hospital discharge, therefore, happens frequently and this can be a significant burden on the carer. Often the carer is not in the first flush of youth and many do not have the resilience to cope with the demands this brings.

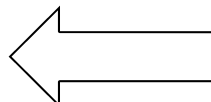
As a result of improvements in medical treatment over the last 30 years, people are living longer, but also collecting medical conditions, which can make them less mobile and less alert mentally. Although doctors try hard to protect the population against heart disease, cancer and stroke, we are only delaying the inevitable and we continue to see a lot of people with these conditions and also dementia.

The burden of care falls primarily on the family. In South Queensferry we are very fortunate with our team of District Nurses, Health Visitors, Physiotherapists and Home Helps, but these people cannot offer a service for 24 hours round the clock. Respite admissions to the Royal Victoria Hospital in Comely Bank or the Corstorphine Hospital appear to be a thing of the past and the community has required a greater input locally. Queensferry Care has now been attempting to service this need for 13 years and there is a bottomless pit of demand. The opportunity for family members or friends stricken with a dementing illness or a chronic physical disease are now able to leave their four walls to experience the stimulation, care and warmth that the staff in The Haven is able to give them, which not only benefits the patients, but also relieves the strain on caring relatives. Queensferry Care has expanded the services on offer very significantly in recent times and has now become an integral part of the Queensferry community. Long may this continue and I sincerely hope many of us will offer the organisation support in the times to come.



Dr. J. Douglas Stuart
Honorary President

Dr Stuart retired
From the Queensferry
Medical Practice in
March 2007



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AGM Invitation

The Annual General Meeting of
Queensferry Churches Care in the
Community will be held in the
Haven on Wednesday
13th June 2007
at 7 pm

Garden Open Day

The Haven's Garden will be open to the
public on:
Sunday 6th May 2007
2pm — 4pm
Fair-trade teas will be served
All welcome

Margaret Smith MSP

Loony Dook



Margaret Smith MSP took part in this year's
Loony Dook on behalf of Queensferry Care
and raised £610.00

Our thanks go out to her for getting into the
River Forth for a dip on New Year's Morning,
to raise funds for our work



We are still awaiting the
confirmation from Chest
Heart and Stroke Scotland
if we are to get places for
this year's Falkirk Wheel
Abseil on Sunday 23rd
September 2007.

Abseiling proved to be a
good fundraising event for
Queensferry Care in 2006
raising over £5000

Do you really know this man ?

I was born on 12th March 1913, in a small village in Kent.

I left school at 14 and started an apprenticeship in engineering. I hated working in the factory and my real ambition was to join the Royal Air Force, which I did when I was 18.

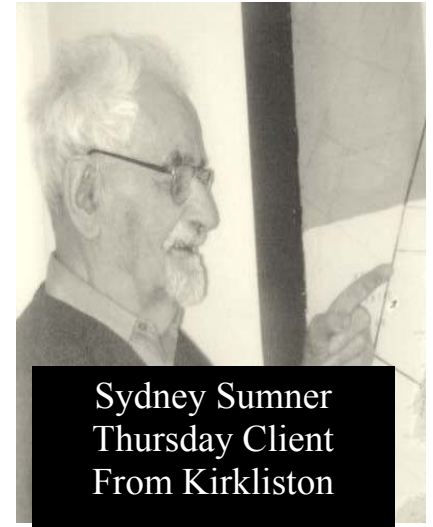
My initial training was at RAF Uxbridge, Middlesex and then onto RAF Manston in Kent for aircraft training. I spent 2 years at RAF Worthydown working with Vickers & Virginias aircraft. The next 5 years I spent in Singapore at RAF Seletar. A total of 2500 flying hours was spent in Vickers or Wilderbeests aircraft, practising bombing and torpedo dropping. I also studied aerial photography.

In 1939, I returned to England to RAF Watton in Norfolk as part of the Ground Crew. War was declared and we were extremely busy camouflaging the aircraft. The following year I was sent to Marine Court, Hastings, where I trained fighter pilots for the

Battle of Britain. I became a flight sergeant and on the 7th June I was married. In the August I was posted to RAF Hawkinge and was responsible for refuelling and re-arming Spitfires. This was the most dangerous period of the Battle of Britain. The next 3 years were spent in Boras, Wrexham, North Wales where I was promoted to Warrant Officer. At the end of the war, I spent 3 years in Malta at RAF Luqa. I was in charge of accommodation, flight arrivals and destinations and also the duty-free shops.

In 1948, I was transferred to RAF Abingdon, Berkshire and was Station Warrant Officer in charge of looking after personnel for the Berlin Airlift. I arranged an anniversary concert at which Vera Lynn and Joe Loss appeared. Six years later I moved to RAF Spittlegate and I was guard of honour for Her Majesty the Queen, and was invited to the Queen's Garden Party.

In 1961, I went off to RAF Geilenkirshen, Germany for 5 years. Whilst there I was escort for the Duke of Edinburgh. I dined with the Head of NATO and invited the German President's wife for tea in the Officers' Mess.

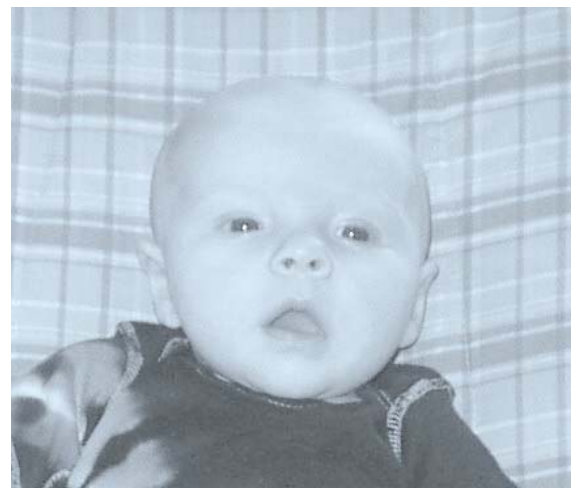


Sydney Sumner
Thursday Client
From Kirkliston

The above article will be continued in the next issue of our Newsletter.

Congratulations

Gareth Wilkinson, Senior Support Worker at the Haven has become a new dad with the birth of Bronwyn, born on 16th January 2007



Archie

As you may be aware one of the Founder Members of the Tuesday Group, Archie McEwan, who attended Kirkliston Community Centre each week died earlier this year.

Archie was an ardent Celtic supporter and a well known pigeon fancier. He is sadly missed by his wife Dot and his family and friends.

An offering after the funeral service in Kirkliston Parish Church raised over £500 which was donated in full to Queensferry Care. Many thanks are due to the family for this generous gift.

Thank you for your help

In the first 3 months of 2007 we have received a large number of donations and would like to take this opportunity to thank all those donors for their generous support of the work of Queensferry Care.

All Creatures Great and Small Quiz
Get your quiz form from the Haven
50p per entry
Winner receives £10 gift voucher
Closing date: 4th May 2007

Home Support Service

The Home Support Service supports people over the age of 55 years who through illness or disability require assistance to remain independent within their own homes and communities.

If you could benefit from this service please contact the Haven.

Haven Contact

Liz McIntosh: General Manager

Queensferry Churches' Care in the Community

The Haven

South Queensferry

EH30 9JA

Tel: 0131 331 5570 Fax: 0131 331 1173 E-Mail mail@qccc.org.uk

Web Address : www.qccc.org.uk

Charity Number: SCO21833

Fundraising

Paris Marathon

Paris 15th April 2007

Brenda O'Donahue, will be running in the Paris Marathon and has offered to donate all sponsorship monies to Queensferry Care. Brenda, aged 23, is a Civil Engineer working in Edinburgh. She is from Killarney, Co Kerry in Ireland. Her connection with Queensferry Care is through her cousin Rob Keating, a member of the Fundraising Committee.

7 km Sponsored Walk

Hopetoun House Saturday April 21st 2007

commencing at 9-30am

Hopetoun Estate has kindly offered the use of the grounds to hold this year's walk. It was felt that we needed a change of route for safety reasons. Hopetoun Estate offers a picturesque walk for participants. Sponsorship forms are available from the Haven.

Sponsored Golf Event

Dundas Parks Monday 14th May 2007

This year's golf event will again take place at Dundas Parks. It is hoped that we all enjoy better weather conditions than we had last year, rain rain and more rain !!!!.

We are looking for more holes to be sponsored. If interested it will cost £50 to sponsor a hole. If you would like to help please contact Jan at the Haven.

Special Lunch

Kirkliston Parish Church Centre

The Dorcas lunch group recently donated the sum of £186 raised from a lunch held specifically to help with the work of Queensferry Care. Grateful thanks to Margaret Brechin and her hard-working team.

Masked Ball

Orocco Pier Hotel

A generous donation of £1000 has been received from The Orocco Pier Hotel South Queensferry, following the above charity event. Our heart felt thanks go out to them for this wonderful gesture.

Sportsman's Brunch

Dundas Castle

With the generous support of Sir Jack Stewart Clark a successful brunch was held on Sunday 25th March in the Marquee. The event was organised by Sportsman's Charity Events and raised over £10000 for local charities. Alex Porteous and his committee have generously donated large sums to Queensferry Care in previous years.

Back in the early 1990's when QCCC was still a "project" struggling to establish itself on a permanent basis, we found that our public funding met only our most basic needs. The cost of "extras" such as outings for our Day Care groups could only be met through money raised by our own efforts and the generosity of donors. From the very beginning, and it is still true today, there is a direct link between the success of our fundraising and the quality and diversity of the Day Care experience we provide to our clients.

It was in recognition of this need that our **Patrons Scheme** was born. A **QCCC Patron** is any individual or organisation that actively supports our work through one-off donations, regular annual contributions, or the provision of goods and services at reduced or nil cost. As the scheme has developed we have received many examples of generosity from both individual contributors, local organisations and businesses. We are particularly indebted to The Rail Bridge management who provide Christmas Lunches for up to 60 Day Care members absolutely free. In similar fashion Evans Developments, who created the business complex at Ferryburn, met half the costs of developing the building at the Haven.

However, the majority of our Patrons are private individuals committed to giving an annual contribution of £10 or more. Where possible, we request them to sign a Gift Aid declaration that enables us to turn every £100 received into £128. We keep our Patrons well informed as to our progress and how monies raised through the scheme are being spent. Patrons are always assured of a warm welcome at The Haven at any time including our AGM held each June. Over the years our Patrons' support and their interest in our work has been a vital factor in our progress and a great morale booster for all our staff and volunteers.

In future we have to raise at least £20,000 annually and the expansion of our Patrons Scheme has a key role to play in this target. If you would like to become a **QCCC Patron** or make a donation please complete the printed form.

Peter FitzGerald, Chairman..

**I/we would like to support the work of
Queensferry Churches Care in the Community**
(tick box or boxes)

I/we would like to make a cash donation of £.....
(cheques payable to Queensferry Churches Care in The Community)

I/we would like to become a QCCC patron for the next 12 months.
I/we enclose a cheque/cash for:
£10 (individual)* £20 (family)* £50 (corporate)*
*delete as appropriate

I/we would like to donate equipment, goods and services. Please contact me/us to discuss your needs and how I/we may be able to help you.

Name.....
Organisation.....
Address.....
.....
Post Code.....
Signed Date.....

I/We further give permission for QCCC, as a registered charity, to treat all subscriptions/donations that I/we have made since April 6th 2000, and any that I/we may make in the future (unless I/we notify otherwise) as Gift Aid donations.*

Signed..... Date.....

*This enables QCCC, under the government's revised Gift Aid scheme, to increase the amount of your support by as much as 28% at no further cost to yourself.

Please return your completed form to: Peter FitzGerald,
Echline Farmhouse, South Queensferry EH30 9SW
(Tel: 0131 331 4715)