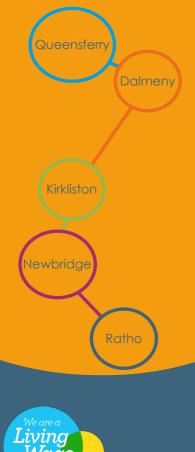


Queensferry Care

Connecting people with their Community



General Information

Queensferry Churches' Care in the Community Registered Scottish Charity No SC021833 Company Limited by Guarantee SC210822



Queensferry Care provides a range of services in Queensferry, Ratho, Ratho Station, Dalmeny, Newbridge and Kirkliston

Day Opportunities: is registered with the Care Inspectorate to provide services for older people who have a diagnosis of dementia or who are socially isolated due to stroke, other illnesses, or long-term health conditions. This service provides an opportunity for older people to meet with others at The Haven or to have one-to-one support in their home/community.

Lunch Club: is for older people, helping to alleviate loneliness and isolation. Ratho Lunch Club is for older people living in Ratho, Ratho Station and Newbridge, and is held on the 1st and 3rd Thursday of each month at Ratho Community Centre. Kirkliston Lunch Club is for older people living in Kirkliston, and is held on the 2nd and 4th Thursday of each month at Kirkliston Community Centre.

Supper Club: is for older people with a diagnosis of dementia and their carer /family member. This is a unique service in that we support both the carer and cared for person. It provides an opportunity to meet with others to enjoy an evening meal at The Haven or a local restaurant.

Befriending: trained volunteers will visit older people who are living alone to offer companionship, a friendly ear and contact with the wider community.

Telephone Befriending: trained volunteers will phone an older person at an arranged time each week to provide friendly conversation and reduce isolation.

Garden Tidy Service: volunteer gardeners work in teams of 2 to maintain older peoples gardens providing vital support in the community. This service does not include grass cutting.

Information and Advice: we are a community resource for older people and carers, and can help to access general information particular to their situation. We can also signpost to a wide range of other organisations and services, both locally and nationally.

Volunteer Hub: working with other volunteer led groups and organisations that provide support, social, and volunteering opportunities for older people.

Volunteer Opportunities

Queensferry Care provide many opportunities to support our work and the community. Time commitments vary from a full day to 30 mins per week to ad hoc volunteering. Volunteers can expect a comprehensive induction, access to training and ongoing support, Roles include;

Day Care Support: working as part of a team you will serve meals and refreshments, provide support to allow older people to join in the many varied group activities or provide 1:1 company to enjoy an individual interest.

Lunch Club Worker: working as part of a team in Kirkliston or Ratho to provide a warm welcome and lunch for members of the community.

Supper Club Support: working as part of a team to provide an inclusive and supported dining experience for people with a diagnosis of dementia and their carer.

Befriender: Providing friendship through a fortnightly visit to an older person in their own home.

Telephone Befriender: Providing friendship through a weekly telephone call to an older person

Garden Tidy Service: working in teams of 2 to maintain older peoples gardens.

Driving Service: To provide transport for older people to attend local appointments

Receptionist, Administration, Fundraising

Contact <u>lorna.russell@qccc.org.uk</u> for more information on volunteering or download an application form from our website.

Contact us



Access our service 0131 331 5570 mail@qccc.org.uk www.qccc.org.uk The Haven, 25B Burgess Road, South Queensferry, EH30 9JA



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Support us fundraising@qccc.org.uk

We Care

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I enjoy your company, it's lovely having someone cheerful visiting. I really appreciate it. I appreciate everything Queensferry Care do.



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