

Charity Gift Aid Declaration

Boost your donation by 25p of Gift Aid for every £1 you donate

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

In order to Gift Aid your donation you must tick the box below:

☐ I want to Gift Aid my donation of £_____ and any donations I make in the future or have made in the past 4 years to:

Name of Charity _____

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My Details

Title _____ First name or initial(s) _____

Surname _____

Full Home address _____

Postcode _____ Date _____

Please notify the charity if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Honorary President - Lady Lydia Stewart-Clark
Honorary Vice Presidents - Dr Alison Macartney and Reverend Ian Wells



Firstly, I would like to take the opportunity to thank everybody who has supported Queensferry Care during 2021.

Your kindness and generosity, during these challenging times, is hugely appreciated by us all and has ensured we are able to continue supporting older people and their carers to live the best life possible, within their own communities – **THANK YOU!**

Our thanks must also go to Independent Age, Life Changes Trust, Befriending Networks and the Robertson Trust for their ongoing support.

The sun shone for our annual Golf Tournament in September, held in partnership with Rotary South Queensferry. 12 teams took part in the event raising over **£2,400** in vital funds. Our sincere thanks go to our main sponsor Western and Barnetts Volkswagen, part of the Eastern Western Motor Group and all other local businesses who so kindly supported the event.

With many Covid restrictions still in place, we have been adapting our fundraising to ensure we all stay safe. We have some new and exciting ways for you to support us!

For more information, please give me a ring on 07702 812987 or email me – fundraising@qccc.org.uk
Sue Hope – Fundraising Manager



WIN UP TO £25,000

We are delighted to have joined the new **Edinburgh Community Lottery** and we now have our own page. To buy tickets at only £1.00 per week for your **chance to win £25,000** go to <https://www.edinburghcommunitylottery.co.uk/support/queensferry-churches-care-in-the-community>

Play today and support our cause!

New and exciting ways to support us

Our Fundraising Toolbox including A-Z of Fundraising Ideas is available from the website and designed to offer inspiration to those of you who want to get together with family and friends and organise your own event in aid of Queensferry Care.

JustGiving™

Just Giving – donations can be made at www.justgiving.com/queensferrycare



With Christmas just around the corner, choose to support Queensferry Care on this platform and we will benefit every time you shop!



We have teamed up with Recycling for Good Causes to ensure you can find a home for all your old jewellery, used stamps, old phones and much more! Turn your old, unwanted items into support for Queensferry Care! It couldn't be easier – drop your items in to The Haven or request an envelope and send your items direct (please look at our website for full details of what is accepted).

We're back at The Haven!

We were absolutely delighted to be able to welcome members back to our day opportunities service at The Haven this Summer.

Seeing the delight in people's faces as they caught up with old friends and just enjoyed being out of the house and back in company, in their community, has just been wonderful!

To comply with Covid guidelines, including physical distancing, we had to make some changes. This comprised reducing the numbers of people each day, providing individual tables for breakfast and lunch, making sure people sanitise their hands, cleaning touchpoints throughout the day, and of course staff and volunteers now wear masks and do twice weekly lateral flow tests. However we are delighted to be able to welcome **6** service users each day back into The Haven. For members who joined Queensferry Care during lockdown coming to The Haven has been a brand new experience. **The Haven has come to life again, hearing the chat and laughter is just so good.**

Currently, more than **40** people are benefitting from Queensferry Care's **Day Opportunities Service** – in The Haven, at home and in the community. Whether it is a game of skittles, a music quiz, going for a coffee, a browse at a garden centre or reminiscing about times gone by, our amazing staff team are dedicated to ensuring that older people and their carers are supported to live the best life possible, at home in their own community.

If you would like more information about our Day Opportunities service, please visit our website www.qccc.org.uk or phone 0131 331 5570.



"I enjoyed the blether with the other ladies talking about our memories"

Honorary President - Lady Lydia Stewart-Clark
Honorary Vice Presidents - Dr Alison Macartney and Reverend Ian Wells



Making friends



"They're a double act, they do make me laugh"

Keeping active



Following 12 months of keeping our distance it was lovely that 2021 allowed us to reconnect.

Throughout the pandemic, QCCC **Volunteer befrienders** have adapted and provided continuous friendship, through phone calls, letters and garden visits benefiting **32** older people.

QCCC were grateful to have additional support from **4** new volunteers.



"She has been my lifeline"

With restrictions reducing, the success of the vaccination and the availability to take lateral flow tests (LFT), from November, many of our befrienders will recommence home visits, Hurrah! However, our new telephone befriending service will also continue.

From May, there was a high demand for the garden tidy service. Our **6** volunteers rose to the challenge giving over **80 hours of their time** and completing **19** individual garden tidy sessions. All recipients of the service enjoyed the company of the volunteer gardeners and were very appreciative of their efforts.

After 17 months, it was fabulous to get the news that Day Care at The Haven could restart. While observing the guidelines and reducing the numbers allowed in the Haven, it was fantastic to get the much-needed support from **15** volunteers, and their commitment to take twice weekly LFTs! The building has come back to life, you can see the varied days that are enjoyed on our social media.

If you would like to be a part of our Volunteer Team, please contact lorna.russell@qccc.org.uk for current opportunities.



All aboard the 'Ferry'

'Ferry' is for people of any age who live with health issues or experience social isolation. 'Ferry's' six fully trained volunteers are eager for passengers to experience the wind in their hair with a ride around South Queensferry. When the better weather comes in, if you would like to book a ride on 'Ferry' please contact Gillian on 0131 331 5570 or email gillian@qccc.org.uk

Supper Club, like our other services has learned to adapt during the pandemic...

The **Supper Club** Co-ordinator initially kept in touch with members by phone and provided garden/driveway chats and delivered afternoon teas. Zoom sessions accompanied by fish suppers delivered by Graziano's were interesting and at times challenging!

We have seen the departure of some Supper Club attendees over the last few months, but have been delighted to welcome new attendees to the group. As restrictions have started to ease, we have been able to resume our meals out – with our most recent outing at the Railbridge Bistro a great hit, particularly with some of our new attendees.

We are all really looking forward to recommencing Supper Club at The Haven in the coming weeks for the first time since lockdown in March 2020!

"It is funny to have a 'friend' that I would not recognise in the street"

Telephone befriending

"When my husband was first asked to attend The Haven it was like my life had opened up again as I had 2 free times a week to be on my own, meet friends or have some exercise. I just don't know what sort of mental state I would have been in without this. You showed care, kindness and friendship"

A Letter from the Chairman of the Board

At our AGM this year I spoke about my own recent personal journey with vulnerability and how that lived experience truly brought to the fore some real hardships those in our community live each day in simply moving from one day to the next.

The hardest thing for anyone living with feelings of vulnerability is that they do not wish to be a bother or a burden to others, and that this feeling is a battle they must face alone. One too many in our own communities are trying to do so.

My own personal vulnerabilities were highlighted recently due to an unexpected hospital admission and subsequent surgery. This took me by surprise and the impact on both my physical and mental wellbeing was massive. During my recovery I felt angry, let down and simply embarrassed because I was unable to do, even the most basic of things, which days earlier I took for granted.

Whilst my own lived experience was short lived the impact will be long lasting. It reaffirmed for me the knowledge that the simplest actions and behaviours towards those of us feeling vulnerable at times are greatly appreciated. Your simple actions may be the highlight of their day, their week or even longer.

A phone call, a chat over the garden fence or a cup of tea can be the difference. All of us are capable of and have the time to do these things for others and the team at Queensferry Care strive to join those dots to bring people together for the benefit of us all.

Our team do unbelievable work in the communities we serve, including yours, and we continue to investigate ways in which we can ensure that your friends, neighbours and family get the care and attention they deserve in the community in which they live.

I ask you to help us help your community by supporting us, you can do this through a variety of means. Volunteer with us, fundraise for us or work with us to make a real difference in your community.

And if you are reading this and you feel how I felt, get in touch with us. We can help.....

Andrew Burton



"He doesn't say a lot but as we neared his front door he said - thank you for today, I have really enjoyed myself"



"I just want to say that you have been a lifeline for me. I could not have looked after my husband without your support and help. Thank you so much for everything you have done, you have all been amazing and I am very grateful"



CHRISTMAS APPEAL

Help to celebrate a magical Christmas in your Community

Are you looking for a meaningful Christmas present for family and friends? Something that really will make a difference?

Queensferry Care is known and trusted for ensuring that people are at the centre of its professional, high quality services. We provide support to older people and their carers living in South Queensferry, Ratho, Ratho Station, Dalmeny, Newbridge and Kirkliston. We help to reduce social isolation and enable people to maintain an active, independent lifestyle within their own communities.

Queensferry Care is the only organisation in the area providing registered day services and volunteer led befriending services addressing the social aspect of support for older people.

Every **£10** you donate helps to provide a lifeline of support to an older person and their carer, in your community, throughout 2022.

Please help to celebrate Christmas in your community by supporting our appeal.

Making a donation couldn't be easier:

Online at Just Giving (see link below)

By **cheque** made payable to QCCC and posted to The Haven, 25B Burgess Road, South Queensferry, EH30 9JA

Or drop by The Haven and see us.

The staff, directors, service users, befrienders & volunteers at QCCC wish you and your loved ones a Merry Christmas and a Happy New Year.

Thank you for your support, it means the world!
x

This is how you help us...



£5

pays for one of the amazing people we support to enjoy coffee, cake and a chat



£10

helps provide in person and telephone befriending to tackle loneliness



£20

supports day opportunities at The Haven, at home and in the community - reducing isolation and providing a lifeline for older people and their carers.

DONATE www.justgiving.com/campaign/queensferrycarechristmas