

We help people maintain their independence and remain active, alleviating loneliness & isolation

A £30 donation helps us to.....

make peoples experience at the Haven or in the community extra special, help people connect, reduce isolation, and give carers a short break.

Help us tackle loneliness and isolation in your community



Your gift will support older people and their carers in your community to feel less alone

We have been supporting people in your community for 30 years and it's time to celebrate!

South Queensferry, Ratho, Ratho Station Newbridge, Dalmeny and Kirkliston



Queensferry Care

Connecting people with their Community

- **()** 0131 331 5570
 - mail@qccc.org.uk
 - www.qccc.org.uk

HOW WE HELP

Day Opportunities: is registered with the Care Inspectorate to provide services for older people who have a diagnosis of dementia or who are socially isolated due to stroke, other illnesses, or long-term health conditions. This service provides an opportunity for older people to meet with others at The Haven or to have one-to-one support in their home/community. Activities include going for a walk or enjoying a catch up with a cup of coffee and a slice of cake, enjoying a visit to a local garden centre, fun games and live music at The Haven.

Supper Club: is for older people with a diagnosis of dementia and their carer /family member. It provides an opportunity to meet with others to enjoy an evening meal.

Ratho Lunch Club: is for older people living in Ratho, Ratho Station or Newbridge. A warm welcome and delicious lunch is offered every 1st and 3rd Thursday of each month at Ratho Community Centre (12noon - 2pm).

Kirkliston Lunch Club: is for older people living in Kirkliston. A warm welcome and delicious lunch is offered on the 4th Thursday of each month at Kirkliston Community Centre (12noon - 2pm).

Befriending: trained volunteers will visit older people who are living alone to offer companionship, a friendly ear and contact with the wider community.

Telephone Befriending: trained volunteers will phone an older person at an arranged time each week to provide friendly conversation and reduce isolation.

Garden Tidy Service: volunteer gardeners work in teams of 2 to maintain older peoples gardens providing vital support in the community.

Driving Service: provides transport for older people to attend local appointments.

Information and Advice: we are a community resource for older people and carers, to access general information particular to their situation as well as having contact details for a wide range of other organisations and services, both locally and nationally.

Volunteer Hub: we help older people access other volunteer led groups and organisations providing social activities.

Queensferry Churches' Care in the Community The Haven, 25B Burgess Road, South Queensferry, EH30 9JA Registered Scottish Charity No SC021833 Company Limited by Guarantee SC210822





Can you help us **Connect people with their Community**, ensuring they don't feel lonely, isolated and forgotten?



www.justgiving.com/ campaign/qccc30

Cheque made payable to Queensferry Churches' Care in the Community

A £30 donation helps us to...

make peoples experience at the Haven or in the community extra special. This could be things like enjoying a cup of tea and slice of cake in a local cafe, or garden centre, enjoying musical entertainment, creating themed weeks, or providing additional transport for trips.

Our services help people connect, reduce isolation, and give carers a short break.

If you are interested in helping or becoming a befriender please contact us.

