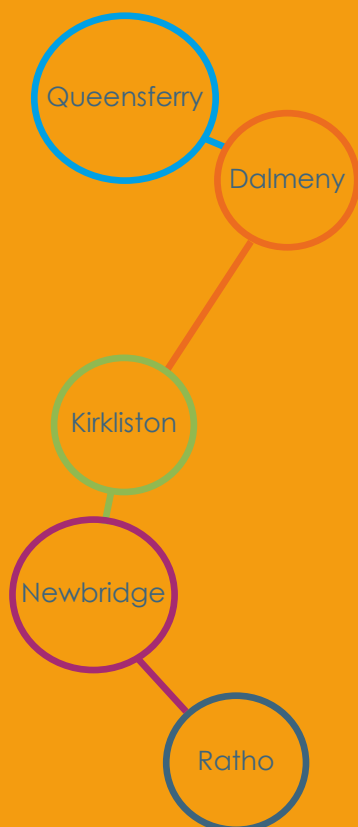




Queensferry Care

Connecting people with their Community



Annual Report

For the year ended 31 March 2022



Queensferry Churches' Care in the Community
Registered Scottish Charity No SC021833
Company Limited by Guarantee SC210822



A message from Lady Lydia Stewart-Clark

During these challenging and changing times, I feel extremely privileged to be Honorary President of **Queensferry Care** – an organisation which has been so resilient and adaptable in order to continue to support older people and their carers in the communities of north west Edinburgh.

The amazing team of staff and volunteers work tirelessly to ensure the very best of services to those whom we support. As we have taken tentative steps back to a new normal, it has been wonderful to welcome people back to The Haven and feel the building come alive again.

I would like to take this opportunity to thank everybody who has supported the charity during the last year and contributed to our ongoing success, despite the challenges.

Lady Lydia Stewart-Clark
Honorary President

"You all do such an amazing job and I know when she is at The Haven, she is having fun and enjoys it so much I can relax. I wish she could attend every Wednesday"
Carer of day care member

This was when we were working with reduced numbers, However her wish was granted, when we were able to bring more people into The Haven.





Our vision

Our vision is to continue to develop and provide services that make a positive difference in the lives of older people.

Our values define what we do and how we accomplished it in 2021-2022



We are compassionate

Acting considerately to enrich people's quality of life.

Providing quality care and support.

We are active in building community connections

Building meaningful and long-lasting connections with other community groups.

Connecting people with others in their community.

Being local and visible in the places we work, and active in working to develop services that suit each community.

We are respectful

Accepting and valuing everyone.

Celebrating life experience.

We enhance and enrich lives

Being known and trusted for putting people at the centre of our professional, high quality services.

Working with integrity and not being complacent in striving to be the best we can be.

Being socially responsible for everyone involved with Queensferry Care.

We are sustainable as an organisation

Being ambitious to grow and sustain our services.

Adapting, where needed, to maintain our services over the medium and long term.

Persevering with resilience through adversity.

"I have had a fantastic day today. Its been so lovely and the best day in ages" **Day Opportunities Member**



Our mission

Our mission is to provide quality support services to older people and their carers within the communities of Northwest rural Edinburgh, enabling them to maintain an active and independent lifestyle within their own communities.



51

Day Care

We were delighted that over **51** people were receiving a Day Care service from Queensferry Care at the end of March 2022.

Befriending

QCCC volunteers provided **557** hours of friendship to **20** older people over the year, relieving social isolation and giving some reassurance to family not living close by.

20

18

Volunteering

Since returning in August our team of **18** volunteers have provided over **1400 hours** of support to the Day Care service and Supper Club.

27

Supper Club

This year we supported **27** people with our Supper Club service.

6

Gardening

Volunteer gardeners had a very busy year, giving **15** gardens that had been neglected in 2020 some much needed attention. The **6** volunteers gave over **70 hours** of physical work which was much appreciated and enjoyed by all.

Our services

We provide a range of **services** in Queensferry, Ratho, Ratho Station, Dalmeny, Newbridge and Kirkliston

51 people supported with our Day Opportunities service:

Day opportunities is a service for older people who are socially isolated, who maybe lack confidence, have a diagnosis of dementia, other illnesses, or long-term health conditions. This provides an opportunity for older people to meet with others at The Haven or to have one-to-one support in their home/community. Opportunities include activities, social interaction, going for a walk, going for a coffee/tea, support with personal care and support with eating. This service benefits people who want to reconnect to their community and provides a respite break for family members.

27 people supported with our Supper Club service:

Supper Club is for older people with a diagnosis of dementia and their carer /family member. This unique service supports both the carer and cared for person. It provides an opportunity to meet with others to enjoy an evening meal.

"Thank you for today, I have really enjoyed myself" **Day Opportunities Member**

20 people supported with our Befriending service:

Trained volunteers visit older people who are living alone to offer companionship, a friendly ear and contact with the wider community. Trained volunteers telephone an older person at an arranged time each week to provide friendly conversation and reduce isolation.

We provided an Information and Advice service:

Information and Advice: As a community resource, older people and carers can access general information particular to their situation. We provide contact details for a wide range of other organisations and services, both locally and nationally.

15 organisations supported with our Volunteer Hub service:

Volunteer Hub: Working with other volunteer-led groups and organisations who provide social and volunteering opportunities for older people.



Chairman's Review

Each year when I sit to write these few words the opportunity allows me the time to reflect and consider how the last 12 months have impacted our charity, our team and indeed my own life.

As the world continues to significantly change, I had hoped that at this juncture our community, operations and our lives would have returned to a sense of normality but alas that does not appear to be the case.

On speaking with the team and hearing of the benefits and relief of seeing our service users slowly start to return to the Haven, it gives us great impetus as we move on to a new dawn for our services. We continue to shape and offer a hybrid service to our users delivering both centre based day care and day opportunities at home and in the community. The last two years have enabled us to learn and adapt to a quickly changing landscape. By using this learning we will continue to ensure our services are accessible and responsive to the changing needs of our community.

This year saw the resignation of Pamela McLauchlan from our Board of Directors. Pamela departs having given Queensferry Care significant time, expertise, and support throughout one of the most challenging periods the charity has faced. I would like to take this opportunity to offer Pamela my sincerest thanks.

In better news the Senior Management Team of Liz, Gillian and Sue continue to drive the organisation forward in looking to develop new services. Supported by the frontline team the services are robust, caring, and empathetic. It really is everything you would want in a community service, and we are very proud of our team.

All of this is supported by Stephen (Finance), Lorna (Volunteering), Lisa (Communications and Marketing), our committee members and of course our volunteers. We count ourselves fortunate to have a support network that I believe is unrivalled in the communities we serve.

We continue to be a very well run and managed charity, continually evolving into what our communities need us to be. In closing, I would like to thank each one of you for your dedication and support to the organisation in what is still a very challenging period, and we hope that you feel the same pride in our teams as we do of the community in which we live and serve.

To the QCCC team, our volunteers & the Board of Directors – simply thank you. If it wasn't for you all the world would be a much poorer place. The difference you all make in the lives of others is incredible and the value in which you bring cannot be measured.



Andrew Burton

Chair to the Board of Directors, QCCC



New adventures with Day Opportunities

Day Opportunities update>>

April 2021 found the **Day Opportunities** service team continuing to visit members in their own homes but with more opportunities to go out for a coffee or a walk.

We were invited to take part in the launch of a new venture of accessible motorboat trips at Port Edgar by Wet Wheels (based in Yorkshire). The weather was perfect for the lucky service members whose names were picked out of a hat. Everyone had a shot of piloting the boat as it sped over the flat calm waters of the Forth.

There were trips to cafes in South Queensferry, strolls around Kirkliston, messing around with boats in Ratho and the odd walk around by the Haven to check out the progress with the garden make-over. It's hard to remember

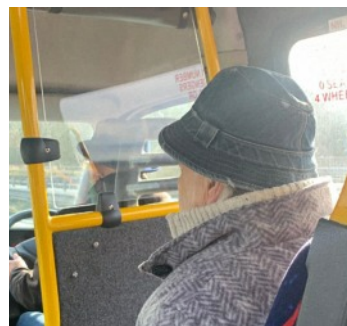
now, but some days were so hot that we had to seek some shade when playing chess or chatting in the garden.

August brought the welcome return of day care at the Haven! It was a refreshing mix of old and new faces.

At last we were able to celebrate Christmas together and enjoyed amazing buffets after being entertained by artists from Music in Hospitals and Care.

The numbers of people attending the Haven and receiving home visits is building slowly in accordance with Scottish Government Guidelines. We are delighted that over **51** people are receiving a day opportunity as at end March 2022.

We look forward to new challenges and adventures over the next 12 months.





My road to The Haven

By Irene Roper



My daughter and grandchildren lived in South Queensferry, and they always wanted me to move here too. I did sell the family home but decided to buy another house in my hometown of Cardiff. Although based in Cardiff I was hardly ever there. I was travelling up to South Queensferry at least twice a month. I also have a son in Dubai and travelled frequently to see him too.

Eventually I gave in and moved to South Queensferry in 2015. I lived with my daughter for 18-months, until I bought and renovated my house. Prior to 2015 I did rent a flat for three months but didn't like it!

Two days after moving into my new house I fell down the stairs and broke my back. Probably my own fault. I was going up the stairs with a suitcase in one hand and bedding in the other. I had just returned from a trip to Crete and was leaving for Wales in a few days' time, so was trying to do everything at once.

I didn't tell my daughter, but during the drive to Wales she realised that something was wrong and kept asking if we should stop at a

hospital. I, of course said 'no'. Two weeks later I visited the GP in South Queensferry and was sent for an X-Ray. There's not much anyone can do for a broken back, just rest, and pain relief!

Nine weeks later I had an MI (heart attack). I was rushed to Edinburgh Royal Infirmary, and had a stent fitted. From then on, I had several appointments with consultants, physios, GP's etc. It was then that people started to mention The Haven, as a centre for 'older people'. I thought 'I don't want to sit with all old people', but then my daughter said, 'mum you are old'.

I thought '*lets give it a go*'. In May 2018 I started attending The Haven one day per week, but that increased to two days, so it wasn't that bad!

What I like about coming to The Haven is that I 'get to meet like minded people (mostly)'. I meet 'different people and do different things'. 'Everyone seems satisfied, although there has been one or two who did not return'! I find that it's welcoming, and I like to welcome new people too.

Three words to describe The Haven:
friendly, caring, and interesting.

When I moved to South Queensferry, I only knew my daughter, grandchildren, and some of my daughter's friends, now I can say I have a group of my own friends.



Birthday celebrations

Supper Club update>>

It's been a bit of a long and winding road again, but here are some of the highlights from this year. Getting back to meeting in person, and meeting again at The Haven was wonderful for all.

During 2021/22 **The Supper Club** provided a mix of on-line zoom calls with fish and chip deliveries, doorstep chats with goody bags, before finally being able to meet in person again. From June to December the Supper Club enjoyed meals at the Queens Crossing and The Rail Bridge Bistro. Our thanks go to the staff at Queens Crossing and Rail Bridge Bistro for always making us feel so welcome. In December we planned to bring the two groups together for a Christmas celebration, but that had to change, due to Omicron. Instead we provided an afternoon tea delivery. Thanks must go to Ferry Tasty for making-up a delicious afternoon tea box.

Another highlight was in January 2022 when we were able and lucky to help **Isabelle celebrate her 98th birthday**. Isabelle's daughter-in-law baked an amazing Victoria

sponge (Mary Berry recipe we believe) which was a real treat and enjoyed by all. Also, in January we celebrated Burns' night at The Haven, with traditional haggis and clapsot (an Orcadian dish!). Ken, who is a member of the Burns' society, addressed the haggis in style.

I would like to take this opportunity to thank my co-workers, Carole and Susan, and the wonderful volunteers Alison, Margaret, Brenda, and Heather who all help make the evening an enjoyable experience. We had another cause for celebration in November 2021 recognising **Alison's 20-years as a volunteer** with Queensferry Care – which is just amazing.

During the year we have had to say our fond farewells to some people, which is always hard. We have also welcomed some new members too and hope to welcome more in the coming months. Numbers are down from where they were pre-pandemic, but we are working hard to build these up again.

John Robson
Supper Club Coordinator

Our **Supper Club** service is for people living in South Queensferry, Dalmeny, Newbridge, Ratho Station and Ratho.

This year we supported **27** people with our **Supper Club** service:

Vic & Gisela

What brought us to the Supper Club is quite simply having experience of the Haven. Vic was a volunteer for 10-years, playing the part of Santa for 5 of those years. Vic said,

"when Gisela was diagnosed, I thought it would be good for us both to keep meeting with others. I popped into the Haven to speak with the staff, and to put Gisela's name down for day care, and ours for Supper Club. We had to wait until restrictions lifted, but as soon as Supper Club was back meeting in person, we were there"

The main thing we both get is company. Vic also noted that his wife and another lady seemed to click straight away. Vic recalled how Gisela sometimes helps the other lady with condiments, tea pots, teacups, etc. When asked what this means to Vic he said, "its seeing a little bit of Gisela back"

When Gisela was asked what she enjoyed about coming to the Supper Club she said, *"meeting other people". She also said "I might not look forward to going out but always enjoy it when I'm here"*

Both Vic and Gisela recognise the importance of getting out and meeting with "like-minded" people.

Vic also noted that *"it's a day off cooking"*

Vic noted that one of his problems was overcoming the diagnosis, and people's perception. Vic said that *"the Supper Club is completely non-judgemental, its just people coming together for a meal"*



18

living in South Queensferry

7

living in Kirkliston

2

living in the Ratho area

This year we took a step towards normality!

Once again the staff team adapted and responded to everchanging situations remarkably well.

From April until August our Day Care and Supper Club teams continued to provide a mix of home visits, zoom video calls, doorstep chats and deliveries, and telephone calls. However, in August 2021 we were able to open the doors of the Haven again to our Day Care members. With the Supper Club returning to The Haven in January 2022. It was a very emotional day welcoming people back, and once again hearing voices, and laughter floating up the corridor.

We continued to provide these services even when Omicron reared its ugly head. This is probably due to a mix of preventative measures, such as daily LFD tests for staff, wearing masks, cleaning hands and surfaces, vaccinations, etc. We also have a small relief staff team to call on if any of our permanent staff had to self-isolate. It has at times felt like 'juggling balls', but we can look back and be grateful for what we were able to provide and for what we achieved.

August 2021

We returned to The Haven once more

April 2021

Day Care and Supper Club teams provided home visits, zoom calls, telephone calls, doorstep chats and deliveries





We tackled
loneliness & isolation



We provided **557**
hours of **friendship**

We are grateful to the Care Inspectorate for granting a continued variation to our registration which allows us to provide day opportunities: at home, at the centre and in the community. Our day opportunity at home allows us to visit people in their own home, and is a service we would like to develop. This will benefit people who are maybe not able to get out due to health conditions, or who are not comfortable in groups, or who might just be a bit nervous about accepting a day service. It also provides the opportunity to support people longer, for example, when someone is no longer able to attend the Haven, we can offer a home visiting service. We have already been able to offer this continued support, which has been gratefully received. This also provides a short break for a family member, in the knowledge that their loved one is being supported by someone they know.

In 2021 our Fundraising Manager successfully applied to Befriending Networks for funding to, amongst other things, help support our telephone befriending service, provide training for volunteers returning to in-person visiting, service promotion, etc. Our befriending service returned to in-person visits too, which again has been gratefully received.

If the last two years have highlighted anything it's the need to stay connected with others
"The most important things in life are the connections you make with others"
(Tom Ford) Our Day Care, Supper Club, Befriending services and Volunteering opportunities continue to help people stay connected in their communities.

Liz & Gillian

Liz and Gillian
(Job Share Managers)

January 2022

Supper Club returned to The Haven



March 2022

We had a fun
outing to Klondike
Garden Centre

December 2021

Music in Hospitals
visited The Haven
and entertained
everyone with live
music, fun and
games



February 2022

Lucy, our Health &
Social Care
student, held a fun,
and informative,
quiz at The Haven



Fundraising & Communications

Another Challenging Year!

Once again, Covid 19 has had a significant impact during the last year. Like many other charities, we have had to adapt our fundraising – a greater emphasis has been placed on seeking grant funding and also on using online fundraising initiatives, whilst many events have still had to be postponed.

However, I am delighted to advise, that despite the challenges, we have still managed to raise over **£75,795** and our grateful and sincere thanks go to everybody who contributed to this.

A highlight of the fundraising calendar is our annual **Golf Tournament**, run in partnership with **Rotary South Queensferry**, which this year saw 12 teams go head to head on a bright and breezy day in September. It was a great day which generated just under **£2,500** in vital funds. Many, many thanks to all who participated and to all our sponsors, in particular our key sponsor **Western & Barnett's Volkswagen** (part of the Eastern Western Motor Group) who also kindly supplied an electric Volkswagen ID3 for the weekend for the first prize in the raffle.



We launched our annual **Christmas Appeal** in late November, which went out to all local residents together with our Winter Newsletter, and was successful in raising both awareness of our services and much needed funds.



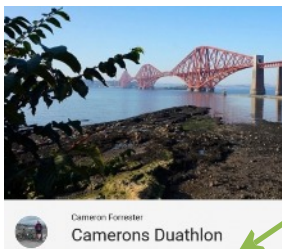


We raised more than **£75k** and have been supported by businesses, funders and fundraisers throughout the year - **THANK YOU!**

Throughout the year we have undertaken a rolling programme of applications to grant funders and our sincere thanks must go to **The Scottish Government, Independent Age, Life Changes Trust, Befriending Networks, The Age Scotland Community Grants Programme, The Robertson Trust, The Hope Trust and the Edinburgh Communities Mental Health and Wellbeing Fund** for their very generous support.



A big thank you to all supporters who have undertaken their own challenges or participated in mass events to raise funds for Queensferry Care – your support really is invaluable!



"Queensferry Churches in the Community holds a special place in my heart. My wee Granny would regularly attend events at The Haven during her early struggles with Parkinsons and Dementia"

In addition to creating new literature and newsletters, we have increased our social media presence significantly this year which has helped us to promote new initiatives including **Amazon Smiles, Easy Fundraising** and the **Edinburgh Community Lottery** as well as all our services.



Finally, I would like to extend our special thanks to all those who have chosen to make a donation in memory of a loved one during the last year. We are very humbled, that, during difficult times you have thought of us.

Sue Hope
Fundraising Manager

"You showed not only care & kindness but friendship"

Our Finances

Financial Report for year to 31st March 2022

We are really pleased to report a surplus of **£8,208** for the financial year to 31st March 2022.

As we have stated previously the grants provided by The City of Edinburgh Council do not cover the day to day costs of providing our services and as such we bridge this gap by additional fundraising and grant applications.

The small surplus reflects the fact that The City of Edinburgh Council has continued to provide funding throughout the pandemic, and our costs have been lower due to The Haven being closed for a period of time until restrictions were lifted, allowing the centre to reopen.

The Fundraising Team led by Iain Macdonald continued in its efforts, managing to achieve its targets again this year. In particular we received the third and last instalment of funding from **Robertson Trust** of **£17,000** and we are extremely grateful to it for their support to our organisation. We were also successful in obtaining a number of other grants. Sue Hope, who is our Fundraising Manager, was instrumental in applying for the grants we received.

Whilst the Day Care Centre has now re-opened, we have continued to provide an outreach service to our clients. The outreach service is now an integral part of our service provision, giving clients the option to attend a centre based service or have a day opportunity provided within their own home or community.

The outreach service, however, does have limited availability and we will continue to monitor its uptake and our operational capabilities to try to meet our clients needs.

As we have stated before, we are members of **Living Wage Scotland** and this ensures all our staff receive at least this recommended level of income. Indeed this year due to the Scottish Government providing additional funds we have been able to pay above this level for our support staff. We have ensured that staff salaries for those above the base level are reviewed and an increase given in line with our ability to afford them.

We are fortunate we continue to have a strong Finance team with Stephen Harris, our Finance Officer, carrying out the day to day work and, with myself, Iain Macdonald, Harun Rashid, Graham Hunter, Eric Proven and Katie Ferguson monitoring matters on a regular basis to ensure we continue to meet our targets and objectives.

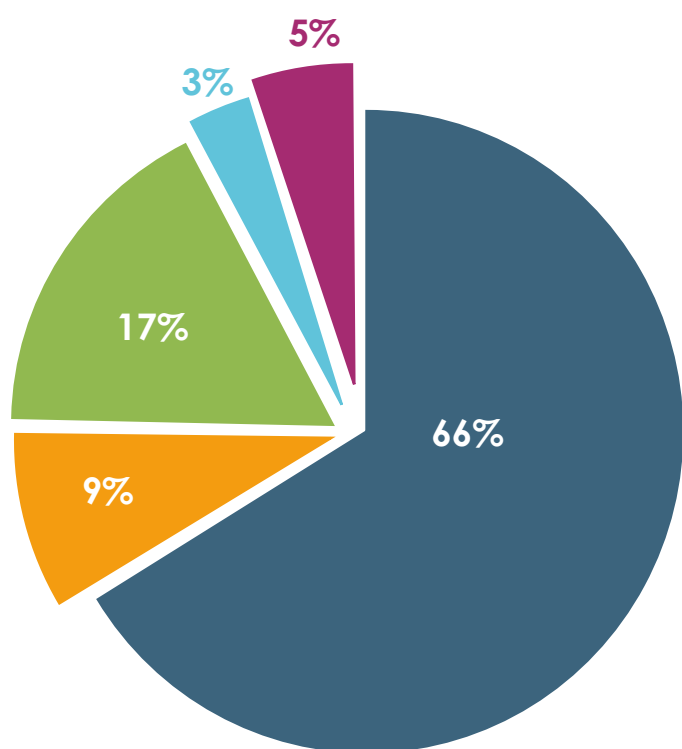
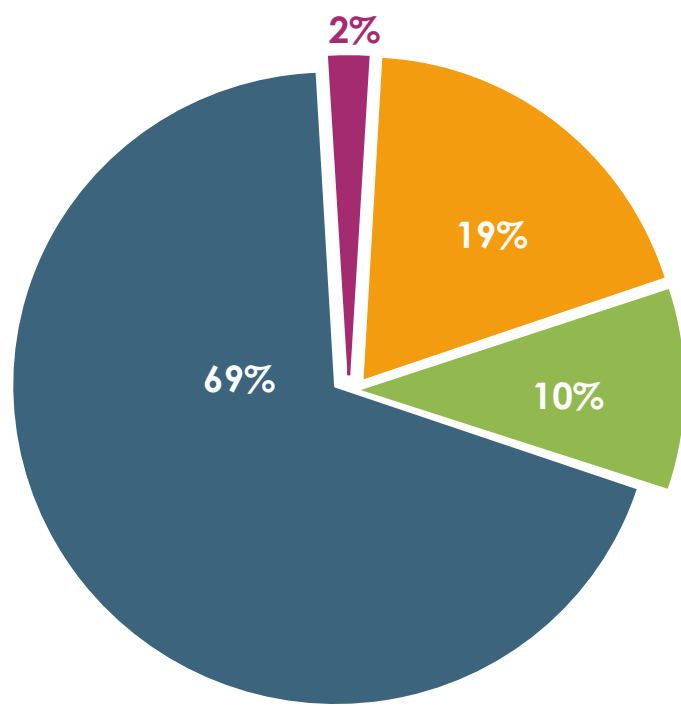
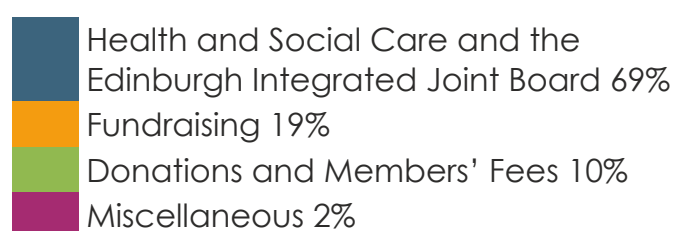
Thanks again to everyone who has contributed to our organisation over the past 12 months.

Ian Laing
Finance Director

"There are people out there who need you! You are an amazing group of people"

Carer of day care member 'This is R's last day. I just want to say that you (QCCC) have been a lifeline for me. You have saved my life and saved R's life! You have been fantastic, and I could not have done this (look after R) without your support and help. Thank you so much for everything you have done. You have all been amazing and I am very grateful and I appreciate all the help you have given.'

Income



Expenditure



I asked M if she had enjoyed the day and she said "I've had a lovely time. I enjoyed the blether with the other ladies talking about our memories"

I asked if they were good memories and M said "some good some not, but it's just been lovely being able to share our memories"



we made
the
call

53 phone calls
1405 minutes

Smiling eyes were a substitute for smiling faces – hidden under face masks! It is heart-warming to hear all the banter once again. Since returning in August our volunteers have provided over **1400** hours of support to the centre based opportunity.

The Befriending service, provided by befrienders and volunteers from Day Care and Supper Club continued to be a lifeline for many.

Contact continued by telephone, garden visits and letters and it was with great relief that with agreement and precautions, face to face visits resumed in November 2021.

QCCC volunteers provided **557** hours of friendship to **20** older people over the year, relieving social isolation and giving some reassurance to family not living close by.

"Mum will be overjoyed to see Mary"

"I wasn't sure if it would work but Dad has really taken to him"

QCCC volunteer gardeners had a very busy year, giving **15** gardens, that had been neglected in 2020, some much needed attention. The service was much appreciated, and the company of the volunteers enjoyed. QCCC Gardeners volunteered over **70** hours of physical work.

There is no charge for the gardening service however QCCC can accept donations and were grateful to receive £390.

"What a difference, thank you so much to you and your team"

Volunteer update>>

Following on from the unprecedented 2020, this year we have made positive steps to recovery and a semblance of normality.

Following a **'safe return'** meeting in the Haven Garden, it was explained that we needed to limit the number of people in the building on any one day, taking into consideration service users, staff and volunteers.

Our wonderful volunteers agreed to change days, hours and roles to accommodate the safe return.

The numbers allowed in the building remain reduced, however, it was lovely to welcome back some of our volunteers in August.





"A neighbour noticed the work and has offered to help me keep on top of the garden, we chat until quite late"

The **Volunteer Hub** exists to support local volunteer-led groups, through sharing of resources, information and promotion. Groups that could, adapted their service however many paused and reopening will have challenges.

During the year Telephone support was regularly provided until restrictions reduced - around mid June **53 calls/ 1405 minutes**. The majority of communication was via the **60+** emails

Funding was secured through Age UK Winter Warmer fund to allow **4 local clubs** to be brought together to enjoy a Christmas lunch. A much welcome opportunity to socialise and for many the first time out in 2021.

"I overheard the ladies talking about how much they enjoyed the lunch last week"



"Thank you for organising and for the unexpected gift"

"The garden tidy service was very much appreciated"

15 gardens were given **70 hours** attention provided by **10 volunteers**.

It is great that so many clubs are returning and the Hub looks forward to offering support through sharing resources, organising training and encouraging communication.

Thank you to all our wonderful volunteers. Queensferry Care could not manage without you.



Board of Directors



Andrew Burton
Chairman



John Ferguson
Depute Chairman



Dan Blake
Chair of Services Committee



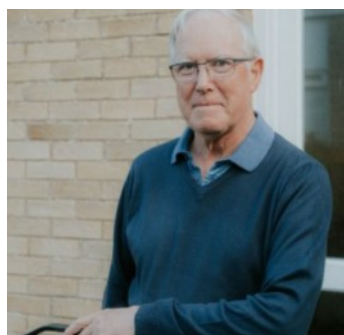
Jan Wemyss
Company Secretary



Pamela MacLauchlan
Board Member



Iain Macdonald
Chair of PR & Fundraising



Ian Laing
Finance Director



Harun Rashid
Board Member



Matt Purdie
Board Member



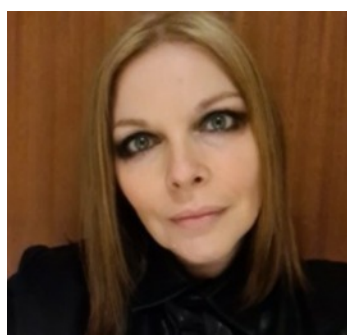
Lady Lydia
Honorary President



Dr Alison MacCartney
Honorary Vice President



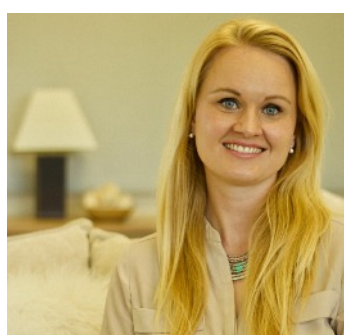
Rev Ian Wells
Honorary Vice President



Lynsay McGill
Board Member



Graham Hunter
Board Member



Angie Alexander
Board Member

"I want to thank those who helped me when I felt down or needed someone to listen to me or help me fill out forms"

Our Team

'The COVID situation has not been easy but you worked hard to still support as many people as you could, either by personal visiting or having Zooms with the fish and chip man coming to the door'



Aileen Morton

Day Opportunities
Co-ordinator



Allison Hobbs

Day Opportunities
Support Worker



April Robertson

Day Opportunities
Relief Worker



Carole Shaw

Supper Club Support Worker
Day Opportunities Relief Worker



Gillian Smith

Joint Registered Manager



Jennifer McKenna

Day Opportunities
Support Worker



Joanne Peat

Day Opportunities
Relief Worker



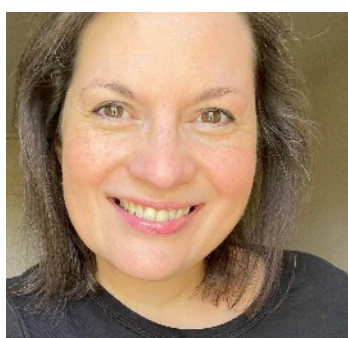
John Robson

Supper Club Co-ordinator
Day Opportunities Support
Worker



Linda Drysdale

Day Opportunities
Support Worker



Lisa Houston

Communications Manager



Liz McIntosh

Joint Registered Manager



Lorna Russell

Volunteer Co-ordinator



Sharon Adams

Relief Support Worker



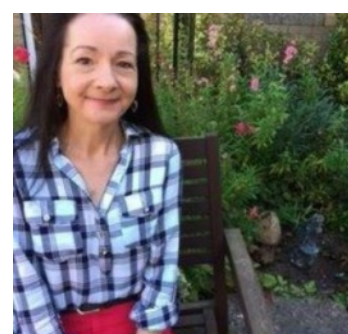
Stephen Harris

Finance Administrator



Sue Hope

Fundraising Manager



Susan Norton

Supper Club
Support Worker

Volunteers

THANK YOU!

77 amazing people volunteered their time, energy, skills and company to support older people & their carers this year.

"During restrictions what I missed most was volunteering at The Haven"

"Volunteering is very satisfying, I enjoy interacting with the super staff and members"

Lynn Alexander
Sally Anderson
Margaret Bargh
Sheila Boyes
Fiona Chandler
Betsy Clarke
Eugene Connolly
Janet Dall
Carol Davidson
Irene Davidson
Ann Denholm
Jackie Derrick
Jira Edwards
Katie Ferguson
Anne Forsyth
Moiray Gaynor
Helen Gibson
Robin Goldie
Sue Hodges
Kate Hunt
Jim Hume
Nigel Hutchison
Pat Jones
Ed Kelly
Liz King
Anne Lee
Julie Little
Heather Low

Kirsten Lunn
Brenda Mackie
Deirdre MacLeod
Ann MacPherson
Barbara Maguire
Helen Mair
Lillias Manson
Helen McCartney
Joan McConnachie
Mary McCraw
Jean McGuire
David McGuinness
Neil McKinley
Fiona McLeod
Lesley McGregor
Lynn McIntosh
June McMillan
Alison Mirtle
David Mirtle
Sandy Munro
Gillian Newlands
Margaret O'Donnell
Lesley Paxton
Joanne Peat
Christina Pearson
Matt Purdie
Carrie Ramsay
Kirsten Rance

Catriona Reading
Anne Reilly
Nicola Rennie
Campbell Ridge
Clare Riley
Elaine Robinson
Jimmy Ryan
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Staying connected>>



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