



Connecting people with their Community









## General Information

Queensferry Churches' Care in the Community Registered Scottish Charity No SC021833 Company Limited by Guarantee SC210822







**Queensferry Care** provides a range of services in Queensferry, Ratho, Ratho Station, Dalmeny, Newbridge and Kirkliston

Day Opportunities: is a service for older people who have a diagnosis of dementia or who are socially isolated due to stroke, other illnesses, or long-term health conditions. This service provides an opportunity for older people to meet with others at The Haven or to have one-to-one support in their home/community. Each person is offered a 1.5-2 hour visit with a paid support worker. The support is directed by the person, or their family, and can include activities, social interaction, going for a walk, going for a coffee/tea, support with personal care, support with eating (not preparing meals). This service benefits people who would like support to reconnect to their community. Day care at home can also be useful for people who are not able to attend the Haven. This also provides a respite break for family members.

**Supper Club**: is for older people with a diagnosis of dementia and their carer /family member. This is a unique service in that we support both the carer and cared for person. It provides an opportunity to meet with others to enjoy an evening meal. This service benefits both the carer and cared for person.

**Befriending**: trained volunteers will visit older people who are living alone to offer companionship, a friendly ear and contact with the wider community.

**Telephone Befriending**: Trained volunteers will phone an older person at an arranged time each week to provide friendly conversation and reduce isolation.

**Information and Advice**: We are a community resource for older people and carers, to access general information particular to their situation as well as having contact details for a wide range of other organisations and services, both locally and nationally.

**Volunteer Hub**: working with other volunteer led groups and organisations that provide social activities for older people.

#### **Volunteer Opportunities**

Queensferry Care provide many opportunities to support our work and the community. Time commitments vary from a full day to 30 mins per week to ad hoc volunteering. Volunteers can expect a comprehensive induction, access to training and ongoing support, Roles include;

Day Care Support: working as part of a team you will serve meals and refreshments, provide support to allow older people to join in the many varied group activities or provide 1:1 company to enjoy an individual interest.

**Lunch Club Worker:** working as part of team to serve a monthly lunch to members of the community.

**Supper Club Support**: working as part of a team to provide an inclusive and supported dining experience for people with a diagnosis of dementia and their carer.

**Befriender**: Providing friendship through a fortnightly visit to an older person in their own home.

**Telephone Befriender**: Providing friendship through a weekly telephone call to an older person

**Garden Tidy Service**: working in teams of 2 to maintain older peoples gardens.

**Driving Service**: To provide transport for older people to attend local appointments

Receptionist, Administration, Fundraising

Contact <u>lorna.russell@qccc.org.uk</u> for more information on volunteering or download an application form from our website.

### Contact us



#### Access our service

0131 331 5570 info@qccc.org.uk www.qccc.org.uk The Haven, 25B Burgess Road, South Queensferry, EH30 9JA



#### Follow us

Facebook @WelcomeQCC
Twitter @QueensferryCare
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#### Support us fundraising@accc.ora.uk

# We Care

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I enjoy your company, it's lovely having someone cheerful visiting. I really appreciate it. I appreciate everything Queensferry Care do.



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